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UNCONDITIONALLY GUARANTEED for purity and labeled potency. Store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner before use if you have a serious medical condition or use any medications, including blood thinners. Not intended for use by women.

Keep out of reach of children.

Meriva® is a registered trademark of Indena S.p.A.

HMRlignan™ is a trademark of Linnea.

Standardization Levels: Saw Palmetto Extract: 85–95% free fatty acids

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Dr. David Williams

SEARCHING THE WORLD FOR BETTER HEALTH®

Healthy Prostate™

Promotes healthy prostate function and urinary flow*

Dietary Supplement • 60 SOFTGELS

Doctor's Suggested Use: Take 2 softgels daily—1 softgel with a morning meal and 1 softgel with an evening meal.

Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 60

Amount Per Serving		% DV
Calories	5	
Total Fat	0.5 g	1% [†]
Selenium (as selenomethionine)	100 mcg	182%
Saw Palmetto Extract (berry)	160 mg	*
Meriva® Curcumin Phytosome Sunflower Lecithin, Turmeric Extract (rhizome)	125 mg	*
Beta Sitosterol (from vegetable oil)	30 mg	*
Picea abies Lignan Extract (Norway Spruce knotwood) (HMRlignan™)	15 mg	*

[†]Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value (DV) not established.

Other ingredients: Sunflower oil, gelatin, glycerin, microcrystalline cellulose, beeswax, dicalcium phosphate, purified water, carob extract (color), sunflower lecithin, silica

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com



SKU: PRO 02 G13000, 2020 R-1

Lot No. \Expiration Date