



Calcium Citrate

Storage: Keep dry, cool & dark

500g (1.1lbs)

Lot Number: 20130311

Date of manufacture Mar 11 2013

Supplement Facts

Serving Size 2380 milligrams

Servings per container: about 210

Amount Per Serving	% Daily Value**
Calcium (as Calcium Citrate) 500 mg	50%

* Daily Value not established.

** Based on 2,000 calorie diet

Other Ingredients: None

Free of: sugar, soy, dairy, yeast, gluten, corn and additives.

Directions: As a dietary supplement, take 2380 mg (3/4 tsp) once or twice daily with meals, or as directed by physician.

US Standard Measuring Spoons

Spoon Size (level)	milligrams
1/4 teaspoon	789
1/2 teaspoon	1580
1 teaspoon	3160

Warning: This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use. Keep out of reach of children.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.