

meijerTM

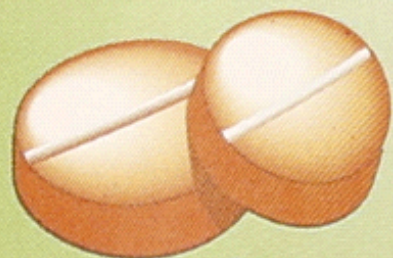
Compare to Benefiber® soluble
fiber amount*

**Daily
Supplement**

Fiber Therapy

**Daily Source of Fiber
No Water Required
Sugar Free**

**Orange
Creme**



100
Chewable
Tablets

Supplement Facts

Serving Size: 3 tablets

Servings Per Container: 33

Amount Per Serving	% DV*
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Calories 35

Total Carbohydrate 8 g	3%*
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Dietary Fiber 3 g	12%*
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Soluble Fiber 3 g	†
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Sugars 0 g	
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Sodium < 20 mg	1%
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*Percent Daily Values (DV) are based
on a 2,000 calorie diet.

† Daily Value not established.

Ingredients: dextrin, sorbitol, starch,
microcrystalline cellulose, citric acid,
magnesium stearate, flavors (natural
and artificial), FD&C yellow 6
aluminum lake, sucralose.

Store at room temperature
Protect from moisture.

Keep out of reach of children. If you
are pregnant or nursing a baby,
ask a health professional before use.

Tamper Evident Feature: Do not use if
printed inner seal is broken or missing.

Product may contain dark specks due
to the processing of natural
ingredients.

Question or comments? 1-866-467-2748

This product is an EASY, CONVENIENT way to add
fiber to your diet. These great tasting orange-creme
flavored tablets provide as much fiber per dose as the
top-selling bulk fiber powders. So enjoy the freedom of
taking your daily fiber almost any place at any time
without the bother of mixing powders with liquids.

Directions for use: Adults: Chew 1 to 3 tablets
up to 5 times daily to supplement the fiber content
in your diet. Do not take more than 15 tablets in a
24 hour period.

Age	Dosage
12 yrs. to adult	1 - 3 tablets up to 5 times a daily*
6-11 yrs.....	1/2 - 1 1/2 tablets up to 5 times daily**
Under 6 yrs.....	Ask your doctor

* Not to exceed 15 tablets per day.

** Not to exceed 7 1/2 tablets per day.

*This product is not manufactured or distributed by Novartis Consumer
Health, Inc., owner of the registered trademark BENEFIBER®.



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147N100MJRLR



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