Suggested Usage: Adults take 1 capsule daily, 30-60 minutes before bedtime on an empty stomach, or as directed by a healthcare professional.

WARNING: Consult a healthcare professional if you are experiencing long-term sleep difficulties, before use in children and pregnant or lactating women, those with a medical condition, and those taking medication. Do not drive or operate machinery when taking melatonin. This product may be contraindicated for individuals taking corticosteroids

KEEP OUT OF THE REACH OF CHILDREN

Store in a cool, dry place. Use only if safety seal is intact. Lactium® is a registered trademark used under license.

#### Gluten-free, Non-GMO



Scan to learn about our manufacturing excellence

Contents may not fill package in order to accommodate required labeling.

Please rely on stated quantity. Formula # 202401

# Rest Reset™

### **Dietary Supplement**

Advanced formula to promote restful sleep‡



30 Vegetarian Capsules

## Supplement Facts

Serving Size 1 Vegetarian Capsule Servings Per Container 30

Amount Per Serving	%DV
Passion Flower Extract	٠
Casein decapeptide (milk)(Lactium®)175 mg	*
Melatonin	*

\*Daily Value (DV) not established

Other ingredients: Hydroxypropyl methylcellulose (capsule), microcrystalline cellulose, silica, ascorbyl palmitate, and hydroxypropyl cellulose.

### Contains: Milk

Manufactured by: Douglas Laboratories 600 Boyce Road, Pittsburgh, PA 15205 www.douglaslabs.com 1.800.245.4440