

Calcium Carbonate (Oyster Shell)

Do not take if you are allergic to shellfish.

Storage: Keep dry, cool & dark 500g (1.1lbs) Lot Number: Date of manufacture

Supplement Facts

Serving Size 1250 milligrams Servings per container: 400

Amount Per Serving	% Daily Value**
Calories: 5	
Calcium (as Calcium	

* Daily Value not established.

Carbonate) 500 mg

** Based on 2,000 calorie diet

Other Ingredients: None

Free of: sugar, soy, dairy, yeast, gluten, corn and additives.

Directions: As a dietary supplement, take 1250 mg (3/8 tsp) once or twice daily with meals, or as directed by physician.

US Standard Measuring Spoons

Spoon Size (level)	milligrams
1/4 teaspoon	857
1/2 teaspoon	1715
1 teaspoon	3431

Warning: This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use. Keep out of reach of children.