

## Natrol® Melatonin 5mg Fast Dissolve:

- Helps establish normal sleep patterns†
- Fast Dissolve form—take anytime, anywhere, no water needed
- 100% Drug-free and non-habit forming

Melatonin is a solution for occasional sleeplessness.†

USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. See [www.uspverified.org](http://www.uspverified.org).

**WARNING:** If you are taking medication, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder, consult a physician before using this product. Do not take while operating machinery or driving a vehicle. Not for use by children under 12 years of age. Consult a physician before use in children.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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# NATROL®

# Melatonin

## SLEEP

Fall Asleep Faster†

Promotes More Restful Sleep†

100% Drug-Free

# 5mg

EXTRA STRENGTH

**FAST  
DISSOLVE**



STRAWBERRY  
NATURAL FLAVOR

## 250 TABLETS

DIETARY SUPPLEMENT



**Directions:** Take 1 tablet 20-30 min. before bedtime. Dissolve in mouth or chew. No water necessary.

## Supplement Facts

**Serving Size:** 1 Tablet

**Servings Per Container:** 250

Amount Per Serving	%DV
Melatonin	5 mg *

\*Daily Value (DV) not established.

**Other Ingredients:** Xylitol, Cellulose Gum, Soy Polysaccharides, Maltodextrin, Dextrose, Crospovidone, Modified Food Starch, Silicon Dioxide, Malic Acid, Natural Flavor, Stearic Acid, Beet Root Extract, Magnesium Stearate, Citric Acid.

**Contains:** Wheat, Soy

**NO:** Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Yeast, Artificial Colors, Flavors or Preservatives

**STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.**

Manufactured by NATROL LLC  
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1-800-2-NATROL (800-262-8765)  
[www.natrol.com](http://www.natrol.com)

LOT/EXP: