### STORE IN A COOL, DRY PLACE

Recommendations: As a dietary supplement, take 3 capsules daily, with a meal

Warning: Not to be taken by pregnant and lactating women. If you have any health condition or are taking any medication particularly blood thinning or psychiatric medication, consult your health professional before use. Not to be taken in conjunction with antidepressants unless advised by a health professional. Individuals with bipolar disorder and depression must be monitored closely by a health professional if taking this supplement. It is recommended that individuals taking this supplement have lithium levels and kidney function monitored regularly. Vitamin K may be contraindicated with Coumadin (Warfarin). Do not exceed the dose recommended by your health professional

#### Keep out of the reach of children

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Use only if safety seal is intact. Contents may not fill package in order to accommodate required labeling Please rely on stated quantity.

Certified Gluten-Free by the Gluten-Free Certification Organization. ww.aluten.org





# PureGenomics<sup>®</sup> UltraMultivitamin

Comprehensive multivitamin/mineral formula with enhanced support for common genetic polymorphismst

> Gluten-free, Non-GMO & Hypoallergenic

## **Dietary Supplement**

90 CAPSULES



### Supplement Facts | Magnesium (as Sucrosomial® magnesium) Serving size, 3 cansules

Amour	nt Per Serving	%DV
Vitamin A (as vitamin A acetate)	1,500 mcg	167%
Vitamin C (as ascorbic acid)	250 mg	278%
Vitamin D (as cholecalciferol) (D <sub>3</sub> ) 100	mog (4,000 IU)	500%
Vitamin E (as d-alpha tocopherol succinate	e) 20 mg	133%
Vitamin K (as vitamin K <sub>1</sub> )	100 mcg	83%
Thiamin (as thiamin HCI) (B <sub>1</sub> )	3 mg	250%
Riboflavin (as riboflavin and 50% riboflavin-5-phosphate (activated B <sub>2</sub> ))	3.4 mg	262%
Niacin (as niacinamide)	20 mg	125%
Vitamin B <sub>6</sub> (as pyridoxine HCl and 50% pyridoxal-5-phosphate (activated B <sub>6</sub> ))	5 mg	294%
	,333 mcg DFE mcg L-5-MTHF)	333%
Vitamin B <sub>12</sub> (as adenosylcobalamin and 50% hydroxycobalamin)	800 mcg	33,333%
Biotin	300 mcg	1,000%
Pantothenic acid (as calcium pantothenate) (B <sub>1</sub> )	10 mg	200%
Choline (as choline bitartrate)	100 mg	18%
Calcium (as di-calcium malate) (DimaCal™	) 60 mg	5%

Magnesium (as Sucrosomial® magnesium)	150 mg	36%
Zinc (as zinc citrate)	20 mg	182%
Selenium (as selenomethionine)	70 mcg	127%
Copper (as copper glycinate)	2 mg	222%
Manganese (as manganese citrate)	2 mg	87%
Chromium (as chromium polynicotinate)	200 mcg	571%
Molybdenum (as molybdenum glycinate chelate) (TRAACS™)	75 mcg	167%
Lithium (as lithium orotate)	500 mcg	
Boron (as boron glycinate)	1 mg	*
BenfoPure® benfotiamine	3 mg	
Mixed tocopherols	20 mg	*
Vitamin K <sub>2</sub> (menaquinone-7)	20 mcg	*
Inositol	50 mg	*
FloraGLO® lutein	3 mg	*
Zeaxanthin	500 mcg	*
Coenzyme Q <sub>10</sub>	50 mg	
Alpha lipoic acid (thioctic acid)	90 mg	
N-Acetyl-L-Cysteine (free-form)	145 mg	*
BioResponse DIM <sup>®</sup> diindolylmethane complex (complex of starch, diindolylmethane, vitamin phosphatidylcholine and silica) (standardized to contain 25% diindolylmetha	E (tocopherso	olan),

Other ingredients: vegetarian capsule (cellulose, water), sucrosomial magnesium (magnesium oxide, pregelatinized rice starch, sucrose esters of fatty acids, sunflower lecithin, tricalcium phosphate, rice flour), tri-magnesium citrate, ascorbyl palmitate

300 mca

Zeaxanthin is sourced from OPTISHARP® brand OPTISHARP® is a trademark of DSM

lodine (as potassium iodide)

ChromeMate® brand niacin-bound chromium. ChromeMate® & logo are trademarks of Lonza or its affiliates

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<sup>1</sup>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease