

Other ingredients: Hydroxypropyl methylcellulose (capsule), cellulose, microcrystalline cellulose, hydroxypropyl cellulose, ascorbyl palmitate, and silica.

Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglaslabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, adults take 8 vegetarian capsules daily or as directed by your healthcare professional. This product is best taken with meals.

WARNING: Consult a health care professional before use if taking blood thinners. This product is not recommended for pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

*Krebs = Citrate, Fumarate, Malate, Glutamate and Succinate Complex.

Metabolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

OptiZinc® is a trademark of InterHealth H.I.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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Guten-free, Non-GMO

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula # 202346 V2

Ultra Preventive® X

Dietary Supplement

Signature multivitamin/mineral with fruits and vegetables for daily wellness*



240 Vegetarian Capsules

Supplement Facts

Serving Size 8 Vegetarian Capsules • Servings per container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as 67% natural beta-carotene 2,250 mcg	250%	Quercetin (as dihydrate) 50 mg	*
and 33% Vitamin A palmitate)		Lemon Bioflavonoids 50 mg	*
Vitamin C (as ascorbic acid) 500 mg	556%	Papain (from Carica papaya, fruit) 50 mg	*
Vitamin D3 (as cholecalciferol) 12.5 mcg (500 IU)	63%	Bromelain (from Ananas comosus, pineapple stem) 25 mg	*
Vitamin E (as natural d-alpha tocopheryl 67 mg	447%	Grape seed extract 25 mg	*
succinate plus mixed tocopherols)		(standardized to 95% polyphenols)	
Thiamine (as thiamine HCl) 50 mg	4,167%	Alpha Lipoic Acid 25 mg	*
Riboflavin (as Riboflavin/Riboflavin-5-phosphate) 25 mg	1,923%	Rutin (from Sophora japonica, flower) 12.5 mg	*
Niacin/Niacinamide 75 mg	594%	Boron (as boron glycinate) 1.5 mg	*
Vitamin B6 (as Pyridoxine HCl/Pyridoxal-5-phosphate) 50 mg	2,941%	Vanadium (as Vanadium Krebs®) 25 mg	*
Folate (as L-methylfolate, Metabolin®) 667 mcg DFE	167%	Vitamin K2 (as menaquinone-7) 22.5 mcg	*
(400 mcg L-5-MTHF)			
Vitamin B12 250 mcg	10,417%	Proprietary Organic Fruit and Vegetable Blend 350 mg	*
(as methylcobalamin/adrenosylcobalamin/hydroxycobalamin)		Organic beet powder (root), Organic carrot powder (root), Organic	
Biotin 150 mcg	500%	black currant powder (fruit), Organic blueberry powder (fruit),	
Pantothenic Acid (as d-calcium pantothenate) 50 mg	1,000%	Organic broccoli powder (whole plant), Organic Concord grape	
Choline (from choline bitartrate) 137.5 mg	25%	powder (fruit), Organic collard greens powder (leaf), Organic	
Calcium (as calcium citrate/malate/chelate complex) 210 mg	14%	pomegranate powder (fruit), Organic green cabbage powder (whole	
Iodine (from kelp) 100 mcg	67%	plant), Organic cranberry powder (fruit), Organic kale powder	
Magnesium 210 mg	50%	(whole plant), Organic parsley powder (whole plant), Organic	
(as magnesium citrate/chelate complex)		raspberry powder (fruit), Organic spinach powder (whole plant)	
Zinc (as OptiZinc®, monomethionine) 12.5 mg	114%	Organic Phytonutrient Blend	
Selenium (as selenomethionine) 100 mcg	102%	Organic Spirulina (whole plant) 50 mg	*
Copper (as copper amino acid chelate) 1 mg	111%	Organic Chlorella (whole plant, broken cell wall) 50 mg	*
Manganese (as manganese sulfate) 4.5 mg	196%	Organic Green Tea leaf extract 25 mg	*
Chromium (as chromium polynicotinate) 100 mcg	266%	(standardized to 50% polyphenols, 20% EGCG)	
Molybdenum (as molybdenum krebs®) 50 mcg	111%	Carotenoids	
Potassium (as potassium chloride) 50 mg	1%	Lutein (from marigold flower extract) 5 mg	*
		Lycopene (from tomatoes) 3 mg	*
N-Acetyl-L-Cysteine 75 mg	*	Zeaxanthin isomers (from marigold flower extract) 1 mg	*
Betaine HCl 75 mg	*		
Inositol 50 mg	*		

*Daily Value (DV) not established.