Warning: Consult a physician before and during use of all dietary supplements.

Use: Take 2 to 4 capsules daily within one hour before sleep. Take only before sleep.

Storage: Keep cool and dry, away from children,

\* THIS STATEMENT HAS NOT BEEN EVALUATED B THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.





## SERENITY NIGHTLY NOOTROPIC

Enhances Relaxation and Sleep,

Dietary Supplement 60 CAPSULES

## Supplement Facts Serving Size 2 Capsules

Amount Per Serving % Daily Value

Magnesium 200 mg 48%

(from Magnesium Glycinate 800 mg)

L Theanine 200 mg †

Melatonin 5 mg †

Other Ingredients: Cellulose, Sodium Copper Chlorophyllin

THRIVOUS, PO BOX 4078 #73216, SLC UT 84110 USA