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Suggested Usage: As a dietary supplement, take 2 capsules daily or as directed by your health professional.

The dose may then be increased to 4 capsules each day with food for 2 to 4 months or as directed by your health professional.

After 2 to 4 months dosage may be lowered back down to 2 capsules each day with food and may continue on that dosage as needed or as directed by your health professional.

WARNING: If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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Gluten-free, Non-GMO

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula # 201388 V3

ProgestoMend™

Hormone Specific™ Formulation

Dietary Supplement

Healthy progesterone production and function[†]



120 Vegetarian Capsules

Supplement Facts

Serving Size	2 Vegetarian Capsules	4 Vegetarian Capsules
Servings Per Container	60	30

Amount Per Serving	%DV	%DV
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ProgestoMend™

A Phytocrine™ Proprietary 1,440 mg * 2,880 mg *

Paeonia lactiflora root Extract (standardized to 10% paeoniflorin),
Ligusticum wallichii root Extract, *Rehmannia glutinosa* root
 Extract, *Bupleurum falcatum* root Extract, Passion flower
 (*Passiflora incarnata*, aerial part, standardized to 3.5% vitexin), Wild
 Yam root Extract (*Dioscorea oppositifolia*, standardized to 10%
 diosgenin), Cramp bark (*Viburnum opulus*), *Coleus forskohlii* root
 Extract (standardized to 10% forskolin), *Vitex agnus-castus* berry
 Extract (Chasteberry, standardized to 0.5% agnuside)

*Daily Value (DV) not established.

Other Ingredients: Hydroxypropyl methylcellulose (capsule), dicalcium phosphate, vegetable stearate, silica.

Manufactured by: Douglas Laboratories
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