

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, hydroxypropyl cellulose, stearic acid, silica, vegetable stearate, and tablet coating (hypromellose, glycerin).

Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, adults take 6 tablets daily with food or as directed by your health professional.

Warning: Consult a health professional prior to use if you are taking blood thinners, medications or have a medical condition. Due to Vitamin A dose, this product is not recommended for women who may become pregnant or of child bearing age.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place.

Use only if safety seal is intact.



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Gluten-free, Non-GMO

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Basic Preventive® 2

(Iron and Copper Free)

Dietary Supplement

Daily wellness[†]

 **DOUGLAS**
LABORATORIES®

180 Tablets

Supplement Facts

Serving Size 6 Tablets
Servings Per Container 30

	Amount Per Serving	%DV		Amount Per Serving	%DV
Vitamin A.....	7,500 mcg	833%	Magnesium	500 mg	119%
(as 40% vitamin A acetate and 60%			(as magnesium aspartate-ascorbate/		
[4,500 mcg] as natural beta carotene)			magnesium amino acid chelate/		
Vitamin C.....	1,200 mg	1,333%	magnesium oxide complex)		
(as calcium ascorbate and magnesium/			Zinc.....	20 mg	182%
potassium aspartate-ascorbate/			(as zinc amino acid chelate)		
ascorbic acid complex)			Selenium	200 mcg	364%
Vitamin D ₃	2.5 mcg (100 IU)	13%	(as selenium amino acid complex)		
Vitamin E	268 mg	1,787%	Manganese.....	20 mg	870%
(as d-alpha tocopheryl succinate)			(as manganese amino acid chelate)		
Vitamin K, (as phytonadione).....	60 mcg	50%	Chromium	200 mcg	571%
Thiamine (as thiamine mononitrate)	100 mg	8,333%	(as chromium polynicotinate)		
Riboflavin	50 mg	3,846%	Molybdenum	150 mcg	333%
Niacin (as niacinamide and niacin).....	200 mg	1,250%	(as molybdenum amino acid chelate)		
Vitamin B ₆	50 mg	2,941%	Potassium	99 mg	2%
(as pyridoxine hydrochloride)			(as potassium aspartate-ascorbate/		
Folate (as folic acid)	1,333 mcg DFE	333%	potassium chloride complex)		
(800 mcg folic acid)			Inositol	50 mg	*
Vitamin B ₁₂ (as cyanocobalamin)	100 mcg	4,167%	Vanadium (as vanadyl sulfate)	39 mcg	*
Biotin.....	300 mcg	1,000%	Boron (as boron aspartate-citrate).....	2 mg	*
Pantothenic acid	400 mg	8,000%	Para-Aminobenzoic Acid	50 mg	*
(as d-calcium pantothenate)			Citrus Bioflavonoids Complex	100 mg	*
Choline (as choline bitartrate).....	60 mg	11%	Raw Glandular Tissue Blend	180 mg	*
Calcium (as calcium citrate	500 mg	38%	Thymus 51 mg, Spleen 51 mg,		
and calcium ascorbate)			Liver 51 mg, and Adrenal 27 mg		
Iodine (from kelp).....	150 mcg	100%			

*Daily Value (DV) not established.