

+One serving of Women's Super Foods Multi gummies has the antioxidant equivalent of one average serving of fruits and vegetables.

10 SUPER FOODS

Say hello to the mother lode from mother earth. These 10 heroic super foods are rich in rare phytonutrients with powerful antioxidant activity to supercharge your health and then some.*



Blueberry



Pomegranate



Acai



Watercress



Grape



Beet



Elderberry



Tamarind



Kale



Papaya



60

GUMMIES

DIETARY SUPPLEMENT

WOMEN'S SUPER FOODS MULTI

A complete multivitamin plus a boost of super fruits & veggies



LIVELY ELDERBERRY with other Natural Flavors

THE SUPED-UP MULTI

Filling half your plate with fruits and veggies can be a daunting task, even for the greenest of goddesses. Not to worry, here's a complete multi packed with the vitamins and minerals you need daily, plus a powerful boost of phytonutrients from 10 of nature's superest foods. Go, super you.

EXPERTLY BLENDED

D3 200% DV
VITAMIN D3

E 100% DV
VITAMIN E

B6 150% DV
VITAMIN B6

B12 150% DV
VITAMIN B12

FA 100% DV
FOLIC ACID

B7 125% DV
BIOTIN



Vegetarian



No Artificial Flavors or Colors



Gluten Free



OLLY



@OLLYnutrition

Suggested Use: Take 2 gummies daily. No food or water needed. Chew thoroughly before swallowing.

Supplement Facts

Serving Size 2 Gummies / Servings Per Container 30

Amount Per Serving	% DV	Amount Per Serving	% DV
Calories	15	Iodine (as potassium iodide)	75 mcg 50%
Total Carbohydrate	4g 1%†	Zinc (as zinc sulfate)	2.5 mg 17%
Sugars	3g **	Chromium (as chromium chloride)	60 mcg 50%
Vitamin A (as retinyl palmitate)	2500IU 50%	Sodium	15 mg <1%
Vitamin C (as ascorbic acid)	45mg 75%	Boron (as boron citrate)	150 mcg **
Vitamin D (as cholecalciferol)	800IU 200%	Choline (as choline bitartrate)	50 mcg **
Vitamin E (as dl-alpha tocopheryl acetate)	30IU 100%	Inositol	40 mcg **
Thiamin (Vitamin B1) (as thiamin hydrochloride)	0.38mg 25%	OLLY Phytonutrient-Rich Super Foods Blend	250 mg **
Riboflavin (Vitamin B2)	0.43mg 25%	Grape Extract (seed, skin and pulp); Juice Powders:	
Niacin (as niacinamide)	10mg 50%	Elderberry (<i>Sambucus nigra</i> , fruit), Acai (<i>Euterpe oleracea</i> , fruit), Pomegranate (fruit), Blueberry (fruit), Papaya (fruit), Tamarind (fruit); Beet (root); Kale (<i>Brassica oleracea</i> , aerial parts); Watercress (aerial parts)	
Vitamin B6 (as pyridoxine hydrochloride)	3mg 150%		
Folic Acid	400mcg 100%		
Vitamin B12 (as cyanocobalamin)	9mcg 150%		
Biotin (as D-biotin)	375mcg 125%		
Pantothenic Acid (as calcium-D-pantothenate)	5mg 50%		

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: Glucose Syrup, Beet Sugar, Water, Pectin, Natural Flavors, Citric Acid, Blackberry Juice Concentrate, Coloring (from carrot and blueberry juices).

Find your **OLLY** at OLLY.com

Processed in a facility with products that may contain soy, egg, peanuts, tree nuts, milk, fish, shellfish and wheat.

Take only as directed. Do not exceed suggested dosage. If you have a medical condition, are on medication or are pregnant or nursing, please seek the advice of a qualified health care professional before using. Do not use if inner seal is broken or missing.

KEEP OUT OF THE REACH OF CHILDREN
Store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Distributed by: OLLY Public Benefit Corp.
San Francisco, CA 94129
hello@OLLY.com • 1-844-HEY-OLLY