

RECOMMENDATION:

Dosage cup included.
Shake well before each use.

For Daily Maintenance:

Adults: Take 2 teaspoons (tsp)
(10 mL) daily.

Children Ages 7 and older: Take 1
teaspoon (5 mL) daily.

For Intensive Use:

Adults: Take 2 teaspoons (10 mL)
four times daily.

Children Ages 7 and older: Take 1
teaspoon (5 mL) three times daily.

If you are pregnant, nursing, or
taking any medications, consult a
healthcare professional before use.

CONTAINS NO:

Gluten, Dairy, Soy, Peanuts, or
Artificial Colors

◆ LG15796.02 BLQ8754

- Organic Certified
- Gluten Free
- Kosher Certified
- Vegan



SINCE 1969
sambucus
STANDARDIZED
ELDERBERRY

ORGANIC ELDERBERRY



DIETARY SUPPLEMENT
NET CONTENTS 4 FL OZ (120 mL)

Supplement Facts

Serving Size	1 teaspoon (tsp) (5 mL)	2 teaspoons (tsp) (10 mL)
Servings per Container	24	12
Amount per Serving	Ages 7+ % DV	Adults % DV
Calories	20	35
Total Carbohydrate	5 g 2%†	9 g 3%†
Total Sugars	4 g **	9 g **
Includes Added Sugars	4 g 8%†	9 g 18%†
Organic Black Elder (<i>Sambucus nigra</i> L.) Extract (berry) standardized to BioActives® from 3.2 g of premium cultivar elderberries per teaspoon	50 mg **	100 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: organic agave syrup, purified water, citric acid (preservative to maintain freshness), organic natural flavor

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing. To preserve quality and freshness, keep tightly sealed in a cool, dry place.

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Certified Organic by Quality Assurance International

Questions? 1-800-9NATURE / naturesway.com



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sambucus

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ABOUT BLACK ELDERBERRY

For centuries the dark berries of
European black elder (*Sambucus
nigra* L.) have been traditionally
used as a winter remedy for
immune support*

PREMIUM ELDERBERRIES

Made with our unique, full-spectrum
black elderberry extract that is from
a unique blend of black elderberries
that are naturally richer in
Flavonoid BioActives®

Our elderberry extract is
standardized to anthocyanins,
which deliver potent Flavonoid
BioActives® levels

SUPERIOR QUALITY

Our elderberry extract has
been tested for bioavailability
and is shown to be active within
the body

Extract is made with a gentle,
solvent-free extraction method
that ensures maximum flavonoid
potency

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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