

THE PERFECT
MEN'S MULTI

Say hello to daily health with this powerful blend of essential nutrients. Uniquely built to amp up your overall wellness and help fill the gaps when your eating habits are a little less than perfect.* All of that, plus a boost of B vitamins to support a steady flow of energy and your most important muscle... we're talking about your heart, of course.*

THE GOODS INSIDE

VIT B6

VIT B12

VIT D

VIT C

VIT A

VIT E



BLACKBERRY BLITZ
with other Natural Flavors

THE PERFECT
MEN'S
MULTI

A powerful blend of Vitamins
A, C, D, E, Bs, Zinc
& CoQ10

90
GUMMIES

DIETARY SUPPLEMENT

Suggested Use: Take 2 gummies daily. Chew thoroughly before swallowing.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 45

Amount Per Serving	% DV	Amount Per Serving	% DV
Calories	20	Folate	300 mcg DFE 75% (180 mcg folic acid)
Total Carbohydrate	5 g 2%†	Vitamin B12 (as cyanocobalamin)	9 mcg 375%
Total Sugars	3 g **	Biotin (as D-biotin)	30 mcg 100%
Includes 3g Added Sugars	6%†	Pantothenic Acid (as calcium-D-pantothenate)	5 mg 100%
Vitamin A (as retinyl palmitate)	450 mcg 50%	Iodine (as potassium iodide)	75 mcg 50%
Vitamin C (as ascorbic acid)	75 mg 83%	Zinc (as zinc citrate)	5 mg 45%
Vitamin D (as cholecalciferol)	20 mcg 100% (800 IU)	Selenium (as selenomethionine)	27.5 mcg 50%
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg 100%	Chromium (as chromium nicotinate)	17.5 mcg 50%
Thiamin (Vitamin B1) (as thiamin hydrochloride)	0.30 mg 25%	Coenzyme Q-10 (ubiquinone) naturally fermented	5 mg **
Riboflavin (Vitamin B2)	0.33 mg 25%		
Niacin (as niacinamide)	8 mg 50%		
Vitamin B6 (as pyridoxine hydrochloride)	3.4 mg 200%		

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: Glucose Syrup, Beet Sugar, Water, Gelatin, Natural Flavors, Blackberry Juice Concentrate, Grape Juice Concentrate, Lactic Acid, Citric Acid, Pectin.

Distributed by: OLLY Public Benefit Corp.
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Processed in a facility with products that may contain soy, egg, peanuts, tree nuts, milk, fish, shellfish and wheat.

Take only as directed. Do not exceed suggested use. If you have a medical condition, are on medication or are pregnant or nursing, please seek the advice of a qualified health care professional before using. Not for use in children. Do not use if inner seal is broken or missing.

KEEP OUT OF THE REACH OF CHILDREN
Store in a cool, dry place.

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NATURALLY TASTY
A bold blend of blackberry and juicy grape.

ON THE DAILY
Chew two gummies daily.
No food or water needed.

No Artificial Flavors or Colors
Gluten Free

Certified B Corporation
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* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE