

Fruit Source

Vitamin C in fruit is naturally part of a total complex that includes ascorbic acid, bioflavonoids and co-factors that aid absorption. **Alive!® Fruit Source Vitamin C** is complete Vitamin C just as Mother Nature grows it.

Alive! Fruit Source Vitamin C derives its entire Vitamin C content from one of Mother Nature's most potent organic fruit sources, Organic Acerola.

Container is filled by weight, not volume; some settling may occur.

◆ LN15143. A03 RM22.8158A

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Certified organic by Quality Assurance International
Questions? 1-800-9NATURE / naturesway.com



100% Fruit Source

Organic Acerola



Recommendation: Stir powder into an 8 ounce glass of water or juice, or add to smoothies. For **500 mg** of vitamin C take 1 rounded teaspoon daily. For **1,000 mg** take 1 rounded teaspoon twice daily. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Rounded teaspoon (tsp) (4 g) / Servings per Container 30

Amount per Serving	% DV
Calories	5
Total Carbohydrate	1 g <1%†
Total Sugars	0 g **
Includes 0 g Added Sugars	0%†
Vitamin C (from Organic Acerola (fruit))	500 mg 556%

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: organic manioc root

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No corn, soy, dairy, sugar, wheat, yeast-derived ingredients, or artificial colors, flavors, or preservatives.

VEGETARIAN

Fruit Source

Unlike other supplements that use isolated ascorbic acid or cultured bacteria as the source of Vitamin C, **Alive!® Fruit Source Vitamin C** derives its entire Vitamin C content from one of Mother Nature's most potent organic fruit sources.



Organic Acerola

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100% Fruit Complex

Vitamin C in fruit is naturally part of a total complex that includes ascorbic acid, bioflavonoids and co-factors that aid absorption. **Alive!® Fruit Source Vitamin C** is complete Vitamin C just as Mother Nature grows it.

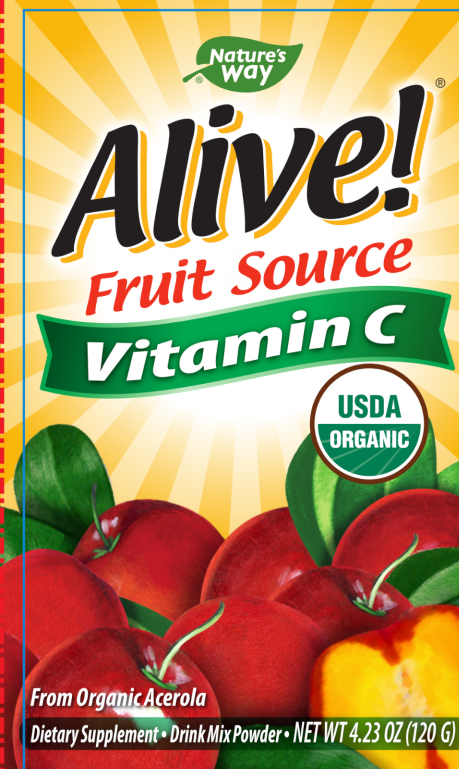


- **Certified Organic**
- **Vegetarian Formula**

GLUTEN FREE. No corn, soy, dairy, sugar, wheat, yeast-derived ingredients, or artificial colors, flavors, or preservatives.

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VEGETARIAN



Recommendation: Stir powder into an 8 ounce glass of water or juice, or add to smoothies. For **500 mg** of Vitamin C take 1 rounded teaspoon daily. For **1000 mg** take 1 rounded teaspoon twice daily. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.



Supplement Facts

Serving Size 1 Rounded teaspoon (tsp) (4 g)
Servings per Container 30

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Also Available in Vegetarian Capsules