

THE GOODS INSIDE



MELATONIN

We've got your (drug-free) mellow right here. This naturally occurring hormone works with your body's chemistry to promote healthy sleep cycles.*



L-THEANINE

An amino acid that encourages calmness so you can hush those voices in your head and drift off.*



BOTANICALS

Flower power! Chamomile, Passionflower & Lemon Balm have been used for centuries to help soothe & relax.

50
GUMMIES

DIETARY SUPPLEMENT

SLEEP

FOR A HEALTHY SLEEP CYCLE*

Melatonin, L-Theanine
& Botanicals

BLACKBERRY ZEN
with other Natural Flavors



Suggested Use: Take 2 gummies 30 minutes before bed. Chew thoroughly before swallowing.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 25

Amount Per Serving	% DV
Calories	15
Total Carbohydrate	3g 1%†
Total Sugars	2g **
Includes 2g Added Sugars	4%†
Protein	less than 1g
L-Theanine	100mg **
Melatonin	3mg **
Chamomile Extract (flower)	17mg **
Passionflower Extract (aerial parts)	17mg **
Lemon Balm Extract (aerial parts)	16mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Glucose Syrup, Beet Sugar, Water, Gelatin, Natural Flavors, Citric Acid, Coloring (from carrot and blueberry juices), Pectin, Vegetable Oil (coconut, canola), Carnauba Wax (to prevent sticking).

Distributed by: OLLY Public Benefit Corp.
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Processed in a facility with products that may contain soy, egg, peanuts, tree nuts, milk, fish, shellfish and wheat.

Melatonin may cause drowsiness or sleepiness; do not take when driving, operating machinery, or engaging in any activity that requires alertness. This product is not intended to treat insomnia or other sleep disorders.

Take only as directed. Do not exceed suggested dosage. Intended for occasional use only. If you have a medical condition, are on medication or are pregnant or nursing, please seek the advice of a qualified health care professional before using. Not intended for use in children. Do not use if inner seal is broken or missing.

KEEP OUT OF THE REACH OF CHILDREN

Store in a cool, dry place.

Find your **OLLY** at [OLLY.com](https://www.olly.com)

OLLY @OLLYnutrition

NATURALLY TASTY

Blissful blackberry with a fresh hint of mint.



HOW TO TAKE IT

Chew two gummies, no food or water needed.

No Artificial Flavors or Colors

Gluten Free

Certified
 Corporation

CONTENTS
CERTIFIED



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* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.