

GENERAL ANALYSIS

PROTEIN	>88%
Bloom	225 g
Viscosity mp	34-40
pH	4.3-5.7
Moisture	<12%
Ash	<2%
Carbohydrates	0%
Fat	0%
Calories per ounce	103.0
No additives or preservatives	

Typical Amino Acid Content

	(%)	(mg)
Alanine	8.4	1008
Arginine	7.7	924
Aspartic Acid	4.5	540
Cystine	0.1	11
Glutamic Acid	10	1200
Glycine	23.2	2785
Histidine	0.9	108
Hydroxylysine	1.5	180
Hydroxyproline	12.3	1476
Isoleucine	1.2	144
Leucine	2.6	312
Lysine	3.3	396
Methionine	0.9	108
Phenylalanine	1.6	192
Proline	13.7	1644
Serine	3.4	408
Threonine	1.9	228
Tryptophan	0	0
Tyrosine	0.6	72
Valine	2.2	264

Per Serving (12 g) 100 | 1200

Pure Unflavored Protein

Pork Gelatin



Unflavored Gelatin

COLLAGEN JOINT CARE

Supplement Facts

Serving Size: 12 g (about 1 Tbsp)
Servings per Container: about 38

Amount Per Serving	% Daily Value*
Calories 43	
Sodium 36mg	2%
Protein 11g	
Gelatin 12g	†

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established

Manufactured for Great Lakes Gelatin®, to its specifications. Grayslake, IL 60030.

Ingredients: 100% Gelatin powder (from pigskin).

Recommended Use: Gelatin is an excellent source of protein. The recommended daily dosage is two level tablespoons. You will receive the maximum benefit if you take 1 Tbsp in the morning and 1 Tbsp in the evening. To help curb appetite, best taken before meals. **One Tbsp equals One Ounce or 1 Tbsp gels 1 pint of liquid.**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



GELATIN PROTEIN

Great Lakes Gelatin® Unflavored Pork Gelatin is a pure protein derived by the hydrolysis of collagen from pigskin. We provide customers with the highest quality of pure, unflavored & edible gelatins. Our type A (porcine) gelatin meets the specifications set forth by the US Pharmacopeia, regulated by the National Formulary. It is our commitment that products from Great Lakes Gelatin® are among the best & safest gelatins in the industry.

Method 1: Room Temperature

Liquids: Pour one tablespoon into a glass of your favorite beverage. Allow to soak for one minute while stirring, then drink.

Method 2: Hot Liquids: Add one tablespoon to cold liquid to hydrate for one minute, add HOT liquid and stir until dissolved.

Method 3: For Cooking: Use in homemade recipes such as marshmallows, gummies, preserves, gravy, desserts and more. Or add as a protein supplement to your hot oatmeal or cold cereals and stir.



V.18-US-1

Store Dry & Do Not Refrigerate

Net weight 16 oz (1 LB) 454 g

Customer Service: 847.223.8141

SQF Certified Facility