



PARTY
OF TWO

- **Folic Acid + Choline:** Brain development*
- **DHA:** Healthy growth & wellness*
- **Iron:** Blood & oxygen flow*
- **B Complex:** Energy boosting*
- Gentle on the stomach*

ULTRA
SOFTGELS

THE ESSENTIAL PRENATAL

Folic Acid + DHA

A Daily Multivitamin
with Iron

60
SOFTGELS

DIETARY SUPPLEMENT

*THESE STATEMENTS HAVE NOT BEEN
EVALUATED BY THE FOOD AND DRUG
ADMINISTRATION. THIS PRODUCT IS
NOT INTENDED TO DIAGNOSE, TREAT,
CURE OR PREVENT ANY DISEASE.



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No Artificial
Flavors or
Colors

Gluten
Free

EASY TO
SWALLOW

Suggested Use: Adults, take 2 softgels with food per day.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving	% DV	Amount Per Serving	% DV
Calories	5	Pantothenic Acid (as calcium-D-pantothenate)	7 mg 100%
Vitamin A (as retinyl palmitate)	650 mcg 50%	Choline (as choline bitartrate)	68.8 mg 13%
Vitamin C (as ascorbic acid)	120 mg 100%	Iron (as ferrous bisglycinate chelate)	6.8 mg 25%
Vitamin D (as cholecalciferol)	20 mcg 133%	Iodine (as potassium iodide)	150 mcg 52%
Vitamin E (as d-alpha tocopheryl acetate)	19 mg 100%	Magnesium (as magnesium oxide)	50 mg 13%
Thiamin (Vitamin B1) (as thiamin hydrochloride)	1.4 mg 100%	Zinc (as zinc citrate)	3 mg 23%
Riboflavin (Vitamin B2)	1.6 mg 100%	Omega-3s (from fish oil)	400 mg **
Niacin (as niacinamide)	18 mg 100%	DHA (docosahexaenoic acid)	200 mg **
Vitamin B6 (as pyridoxine hydrochloride)	2 mg 100%	EPA (eicosapentaenoic acid)	60 mg **
Folate	665 mcg DFE 111%	Ginger Extract (Zingiber officinale, root)	25 mg **
	(400 mcg folic acid)		
Vitamin B12 (as cyanocobalamin)	6 mcg 214%		
Biotin (as D-biotin)	35 mcg 100%		

**Daily Value (DV) not established.

Other Ingredients: Gelatin, Safflower Oil, Glycerin, Beeswax, Sunflower Lecithin, Natural Peppermint Oil, Coloring (from curcumin, annatto, beet, carotenoid), Water, Natural Lemon Oil, Titanium Dioxide.

Contains: Fish (Anchovy, Sardine)

Distributed by: OLLY Public Benefit Corp., San Francisco, CA 94111

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Processed in a facility with products that may contain soy, egg, peanuts, tree nuts, milk, shellfish and wheat.

Take only as directed. Do not exceed suggested use. If you have a medical condition or are pregnant or nursing, consult a qualified health care professional before using. Not intended for use in children. Do not use if shrink wrap is torn or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place.

