

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

FREE GLUTEN, SALT, YEAST-DERIVED FROM INGREDIENTS, OR WHEAT.

Keep out of reach of children. Safety sealed with printed inner seal beneath child-resistant bottle cap. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.



◆ L611093.A01 BLK9007A

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / feelalive.com

**HIGH
POTENCY
FOLATE
& IRON**

Alive!

**COMPLETE
ONCE DAILY
PRENATAL**

with **200 mg
PLANT DHA**
per serving

30 SOFTGELS • DIETARY SUPPLEMENT

Recommendation: For women that are pregnant, nursing, or trying to conceive, swallow 1 softgel daily, preferably with food. Do not chew. **Warning:** Do not take this product if you have known hypersensitivity to iodine or hyperthyroidism. If you are taking any medications, consult a healthcare professional before use.

Supplement Facts

Amount per Serving	% DV	Amount per Serving	% DV
Serving Size 1 Softgel		Vitamin B12 (as cyanocobalamin)	2.8 mcg 100%
Calories	10	Biotin	35 mcg 100%
Total Fat	0.5 g 1%	Pantothenic Acid (as D-calcium pantothenate)	7 mg 100%
Saturated Fat	0 g 0%	Calcium (as calcium carbonate)	200 mg 15%
Trans Fat	0 g **	Iron (as ferrous fumarate)	42 mg 156%
Vitamin A (as 50% beta carotene and 50% retinyl palmitate)	650 mcg 50%	Iodine (as potassium iodide)	290 mcg 100%
Vitamin C (as ascorbic acid)	120 mg 100%	Zinc (as zinc oxide)	13 mg 100%
Vitamin D3 (as cholecalciferol)	15 mcg 100%	Copper (as copper sulfate)	1.3 mg 100%
Vitamin E (as dl-alpha tocopherol acetate)	19 mg 100%	DHA (docosahexaenoic acid from Algal [Schizochytrium sp.] oil)	200 mg **
Thiamin (as thiamin mononitrate)	1.4 mg 100%	Orchard Fruits™ and Garden Veggies™ Powder Blend: Spinach, Pea, Cabbage, Cauliflower, Asparagus, Broccoli, Brussels Sprout, Cucumber, Apple, Tomato, Acai, Cherry, Grape, Raspberry, Plum, Beet, Carrot, Banana, Blueberry, Pineapple, Strawberry, Cranberry	50 mg **
Riboflavin	1.6 mg 100%		
Niacin (as niacinamide)	18 mg 100%		
Vitamin B6 (as pyridoxine HCl)	2 mg 100%		
Folate	600 mcg 100%		
(360 mcg folic acid)	100%		

Other ingredients: gelatin, glycerin, sunflower oil, beeswax, sunflower lecithin, purified water, natural flavors, caramel color



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SMARTER PRENATAL WITH PLANT SOURCE DHA

DHA not from fish oil and does not contain harmful mercury levels

Strawberry flavored softgels for a pleasant experience

Orchard Fruits™ / Garden Veggies™ powder blend (50 mg per serving)



Alive!® multivitamins were created to give you the support you need to do all that is important to you! Get the most from your multivitamin, with potent vitamins and minerals and our food-based blends, and live every day feeling Alive!

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**DESIGNED FOR
mom &
developing
baby***

**100%+ daily value
of 15 vitamins and minerals**

600 mcg folate supports healthy brain/spinal cord development*

200 mg plant source DHA,
an omega-3 essential fatty acid
that supports healthy eye
and brain development*

**Take during pregnancy, nursing,
and while trying to conceive.**

FREE GLUTEN, SALT, YEAST-DERIVED
FROM INGREDIENTS, OR WHEAT.

*Healthful diets with adequate folate may reduce a woman's risk of having a child with a brain or spinal cord defect.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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POTENCY
FOLATE
& IRON**

Alive!

**COMPLETE
ONCE DAILY
PRENATAL**

with **200 mg
PLANT DHA**
per serving

**Orchard Fruits™ / Garden Veggies™
Powder Blend (50 mg per serving)**

**15 VITAMINS & MINERALS
100%+ DAILY VALUE**

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*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

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