

WHY CHOOSE GREAT LAKES GELATIN[®] COMPANY'S COLLAGEN?

Our collagen, made of ONE simple ingredient, is a pure protein dietary supplement with a unique combination of beneficial amino acids. Great for anyone looking to improve their overall well-being. Some of these amino acids, missing from many of today's diets, are concentrated at levels that have been shown to promote healthy bones, joints and the digestive system.* Collagen protein is nearly tasteless, colorless and odorless, and it is easily digested. It will not congeal in cold liquids making it a perfect addition to cold or hot beverages, smoothies or recipes. Just mix in and enjoy!

GENERAL ANALYSIS

PROTEIN.....	>90%	Ash.....	< 2%
Bloom.....	0	Carbohydrates.....	0%
Viscosity mPas.....	5.5-7.5	Fat.....	0.0%
pH.....	5.0-6.5	Calories per ounce.....	103.0
Moisture.....	< 10%	Molecular weight.....	< 5000

TYPICAL AMINO ACID CONTENT

Alanine.....	8.4%	1008 mg	Leucine.....	2.6%	312 mg
Arginine.....	7.7%	924 mg	Lysine.....	3.3%	396 mg
Aspartic Acid.....	4.5%	540 mg	Methionine.....	0.9%	108 mg
Cystine.....	0.1%	11 mg	Phenylalanine.....	1.6%	192 mg
Glutamic Acid.....	10%	1200 mg	Proline.....	13.7%	1644 mg
Glycine.....	23.2%	2785 mg	Serine.....	3.4%	408 mg
Histidine.....	0.9%	108 mg	Threonine.....	1.9%	228 mg
Hydroxylysine.....	1.5%	180 mg	Tryptophan.....	0.0%	0 mg
Hydroxyproline.....	12.3%	1476 mg	Tyrosine.....	0.6%	72 mg
Isoleucine.....	1.2%	144 mg	Valine.....	2.2%	264 mg

STORE DRY & DO NOT REFRIGERATE
HOT OR COLD LIQUID SOLUBLE



**COLLAGEN
JOINT CARE
KOSHER
DIETARY
SUPPLEMENT**

COLLAGEN HYDROLYSATE

Grass-fed & Pasture-raised

PURE UNFLAVORED PROTEIN

Health Benefits

- 1 Supports joint health*
- 2 Improved digestive health*
- 3 Post-workout recovery*

Beauty Benefits

- 1 Healthier, hydrated skin*
- 2 Fuller hair & stronger nails*
- 3 More restful sleep*

NET WEIGHT 16 oz (454 g)

COLLAGEN. PROTEIN. LEADER. SINCE 1922.

COLLAGEN HYDROLYSATE:

Collagen hydrolysate proteins are the same found naturally in bones, skin and cartilage. Containing over 90% protein and a distinctive amino acid group make it rapidly absorbed and easily assimilated by the body.

Collagen contains glycine, lysine and proline, which can be used by the body to build connective tissue structures.*

RECOMMENDED USES:

Great Lakes Collagen will easily dissolve in your favorite beverages such as coffee, tea, juice or a smoothie.

RECOMMENDED DOSAGE:

Take two scoops (12 g) twice a day. For best results use daily.

USP/NF COMPLIANT

**NO ADDITIVES OR
PRESERVATIVES**

CUSTOMER SERVICE:
847-223-8141

www.GREATLAKESGELATIN.COM

Supplement Facts

Serving Size 2 Scoops (12 g)
Servings Per Container: 38

	Amount Per Serving	% Daily Value
Calories	45	
Sodium	35 mg	2%
Protein	11 g	
Collagen Hydrolysate	12 g	†

† Daily Value not established

INGREDIENTS:

Hydrolyzed Collagen

Manufactured for Great Lakes Gelatin[®] Company, to its specifications. Grayslake, IL 60030

Join the conversation
#LifewithGLG



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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