

Directions: If this is your first time using **PULSE**, assess your individual tolerance by mixing 1 scoop with 10-12 ounces of water and consuming 15-30 minutes prior to exercise. If you experience any non-optimum effects, stop and consult your doctor. We recommend using 1 scoop 15-30 minutes prior to weight training or intense cardio, or 2 scoops (full clinical dosages) for intense weight training or cardio lasting longer than 45 minutes.

PULSE contains no proprietary blends and each serving delivers nearly 20 grams of active ingredients scientifically proven to improve performance, including citrulline malate, beta-alanine, betaine, and caffeine.†

Compare that to other popular pre-workout supplements and you'll quickly see that **PULSE** just gives you more for your money. And let's not forget that it's also naturally sweetened and flavored and contains no artificial food dyes or unnecessary fillers.†

The bottom line is the proof of the superiority of **PULSE** is in the pudding, and once you try it, you're likely to become one of the thousands of people that swear they'll never use another pre-workout again.†



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



PULSE

CLINICALLY EFFECTIVE INGREDIENTS AND DOSAGES

PRE-WORKOUT DRINK

SMOOTH ENERGY RUSH†

POWERFUL PERFORMANCE BOOST†

SUPER HUMAN ENDURANCE†

21 SERVINGS

FRUIT PUNCH

100% NATURALLY SWEETENED & FLAVORED

DIETARY SUPPLEMENT | NET WEIGHT: 498.96G (1.1 LBS)

WARNING

Not intended for persons under the age of 18. Do not use if pregnant or nursing. Consult a health care professional prior to consumption if you have any pre-existing medical conditions or are taking any prescription medication. Improper use of this product will not improve results and is potentially hazardous to a person's health. Use only as directed.

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING.

ALLERGEN WARNING:

This product was produced in a facility that may also process ingredients containing milk, eggs, tree nuts, wheat, and soybeans.

Developed by: Legion Athletics
8521 Leesburg Pike Suite 320, Vienna, VA 22182
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www.legionathletics.com



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SUPPLEMENT FACTS

Serving Size: 2 Scoops (23.76g) Servings Per Container: 21

	Amount Per Serving	%DV*
Calories	10	
Total Carbohydrates	6 g	2%
Calcium	148 mg	11%
Sodium (as Sodium Citrate)	230 mg	10%
Potassium (as TriPotassium Citrate)	345 mg	7%
L-Citrulline DL-Malate 2:1	8 g	**
CarnoSyn® Beta-Alanine	3.6 g	**
Betaine Anhydrous	2.5 g	**
Caffeine Anhydrous	350 mg	**
L-Theanine	350 mg	**
AlphaSize® Alpha-Glycerol Phosphoryl Choline (GPC) 50%	300 mg	**

*Percent Daily Value Based on a 2,000 Calorie Diet

**Daily Value Not Established

OTHER INGREDIENTS:

Swerve® Natural Sweetener (Erythritol & Oligosaccha), Advantitol™ Erythritol, Natural Flavors, Sea Salt, Silica, Stevia (Stevia rebaudiana) Leaf Extract, Calcium Carbonate, Red Beet (For Color), Calcium Silicate



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AlphaSize® is a registered trademark of Chemi Nutra.