

Fatigued to Fantastic!

Energy Production and Brain Support!*

Jacob Teitelbaum, M.D., best-selling author of *From Fatigued to Fantastic!* and the nation's leading energy expert, directed the development of Fatigued to Fantastic! to create a solid foundation for vitality, health, and energy support.* While each individual ingredient in *Fatigued to Fantastic! Energy Revitalization System Berry Flavor* provides significant nutritional support for healthy energy metabolism, it is theorized that when they are taken together synergistic effects may occur.*

- Delivers the benefits of over 40 vitamins, minerals and nutrients for whole body support.*
- Includes Daily Energy B Complex conveniently in the drink mix to convert food into fuel.*
- Features malic acid to support cellular energy production and magnesium for healthy muscle function.*
- Also contains key nutrients including: **choline** for healthy brain function, **amino acids** essential to metabolism and immune function, and **antioxidants**†† for protection from free-radical damage.*

Container is filled by weight, not volume; some settling may occur.

††Vitamins A, C, E and selenium.

Dr. Teitelbaum's royalties are donated to charity. www.jacobteitelbaum.com



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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SINCE **Nature's Way** 1969

Fatigued to Fantastic!

ENERGY Revitalization system™

Vitality, health and energy support!*

- Nutritional Powerhouse
- Healthy Brain Function*
- Healthy Muscle Function*



Berry Flavored

One Month Supply Drink Mix

NET WT 21.58 OZ (1.34 LB) (612 G)

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Level Scoop (20.4 g) Servings per Container 30

Amount per Serving		% DV
Calories	50	
Total Fat	0.5 g	1%†
Cholesterol	15 mg	5%
Total Carbohydrate	6 g	2%†
Dietary Fiber	<1 g	3%†
Total Sugars	1 g	**
Includes <1 g Added Sugars		1%†
Protein	6 g	12%†
Vitamin A (as 56% beta carotene and 44% retinyl acetate)	1,350 mcg	150%
Vitamin C (ascorbic acid)	500 mg	556%
Vitamin D (as cholecalciferol)	25 mcg	125%
Vitamin E (as mixed tocopherols)	20 mg	133%
Vitamin K (as phytonadione)	100 mcg	83%
Thiamin (as thiamin HCl)	75 mg	6,250%
Riboflavin	75 mg	5,769%
Niacin (as niacinamide)	50 mg	313%
Vitamin B6 (as pyridoxine HCl)	45 mg	2,647%
Folate	524 mcg DFE (200 mcg Folic Acid) (200 mcg Quatrefolic® brand (6S)-5-methyltetrahydrofolate glucosamine salt)	131%
Vitamin B12 (as methylcobalamin)	500 mcg	20,833%
Biotin	200 mcg	667%
Pantothenic Acid (as calcium D-pantothenate)	50 mg	1,000%
Choline (as choline bitartrate)	55 mg	10%

Amount per Serving		% DV
Iodine (as potassium iodide)	200 mcg	133%
Magnesium (as magnesium aspartate)	200 mg	48%
Zinc (as zinc gluconate)	15 mg	136%
Selenium (as L-selenomethionine)	55 mcg	100%
Copper (as copper gluconate)	0.5 mg	56%
Manganese (as manganese citrate)	2 mg	87%
Molybdenum (as sodium molybdate)	125 mcg	278%
Sodium	15 mg	1%
Potassium (as potassium citrate)	135 mg	3%
Whey Protein†	5.5 g	**
Malic Acid	1 g	**
Betaine	750 mg	**
Inositol	750 mg	**
Inulin (from chicory root)	750 mg	**
Taurine†	500 mg	**
Glycine†	390 mg	**
L-Tyrosine†	377 mg	**
N-Acetylcysteine (NAC)	250 mg	**
L-Serine†	240 mg	**
Stevia Leaf Extract	150 mg	**
Grape Seed Extract standardized to 85% polyphenols including procyanidolic oligomers (PCOs) (42.5 mg)	50 mg	**
Boron (as boric acid and citric acid blend)	2 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: natural flavors, gum acacia, erythritol, mannitol, radish color, silica
Contains milk and soy.

Recommendation: Adults take 1/2 to 1 level scoopful (20.4 g) each morning or as recommended by a healthcare professional. For 1/2 scoop: mix with 4-6 oz water, your favorite beverage, smoothie or yogurt. For 1 scoop: mix with 8-12 oz. Best if consumed within 30 minutes of preparation. Do not exceed recommended use. This product contains the amino acid Phenylalanine. **Caution:** If you are pregnant, nursing, have a blood clotting disorder or are taking any medications, consult a healthcare professional before use.

GLUTEN FREE. No yeast-derived ingredients or wheat.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing.

Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.

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Questions? 1-800-9NATURE/naturesway.com

Advanced, all-in-one formula!

Enjoy nutritional support with Fatigued to Fantastic!™ Energy Revitalization System™. * This daily nutritional powerhouse adds convenience as a delicious, all-in-one drink mix with B vitamins built right in—plus essential vitamins, minerals, protective antioxidants††, and amino acids. Feeling your best just got a whole lot easier to swallow!

**Reach
Optimum
Vitality!***

**Enjoy life
with
NEW vitality!***

3. Manage Stress*
Fatigued to Fantastic!
Adrenal Stress-End™ stress formula

2. Improve Quality of Restful Sleep*
Fatigued to Fantastic!
Revitalizing Sleep Formula restful sleep blend*

1. Build an Exceptional Nutritional Foundation
Fatigued to Fantastic! Energy Revitalization System™ supplement

#Typical Amino Acid Content per serving, including Amounts for Whey Protein:

L-Alanine	281 mg
L-Arginine	151 mg
L-Aspartic Acid	614 mg
L-Cystine	108 mg
L-Glutamic Acid	976 mg
Glycine	498 mg
L-Histidine	108 mg
L-Isoleucine	332 mg
L-Leucine	600 mg
L-Lysine	527 mg
L-Methionine	101 mg
L-Phenylalanine	187 mg
L-Proline	325 mg
L-Serine	529 mg
Taurine	500 mg
L-Threonine	397 mg
L-Tryptophan	101 mg
L-Tyrosine	543 mg
L-Valine	332 mg
Total	7,210 mg

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