

Fatigued to Fantastic!



Energy Production and Brain Support!*

Jacob Teitelbaum, M.D., best-selling author of *From Fatigued to Fantastic!* and the nation's leading energy expert, directed the development of Fatigued to Fantastic! to create a solid foundation for vitality, health, and energy support.* While each individual ingredient in *Fatigued to Fantastic! Energy Revitalization System Tropical Citrus Flavor* provides significant nutritional support for healthy energy metabolism, it is theorized that when they are taken together synergistic effects may occur.*

- Delivers the benefits of over 40 vitamins, minerals and nutrients for whole body support.*
- Includes Daily Energy B Complex conveniently in the drink mix to convert food into fuel.*
- Features malic acid to support cellular energy production and magnesium for healthy muscle function.*
- Also contains key nutrients including: **choline** for healthy brain function, **amino acids** essential to metabolism and immune function, and **antioxidants**†† for protection from free-radical damage.*

Container is filled by weight, not volume; some settling may occur.

††Vitamins A, C, E and selenium.

Dr. Teitelbaum's royalties are donated to charity. www.jacobteitelbaum.com

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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Fatigued to Fantastic!

ENERGY Revitalization system™

Vitality, health and energy support!*

- Nutritional Powerhouse
- Healthy Brain Function*
- Healthy Muscle Function*



Tropical Citrus Flavor

One Month Supply Drink Mix

NET WT 24.7 OZ (1.55 LB) (705 G)

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Level Scoop (23.5 g) Servings per Container 30

Amount per Serving	% DV
Calories	60
Total Fat	0.5 g 1%†
Cholesterol	15 mg 5%
Total Carbohydrate	9 g 3%†
Dietary Fiber	<1 g 3%†
Total Sugars	1 g **
Includes <1 g Added Sugars 1%†	
Protein	6 g 12%†
Vitamin A (as 56% beta carotene and 44% retinyl acetate)	1,350 mcg 150%
Vitamin C (ascorbic acid)	500 mg 556%
Vitamin D (as cholecalciferol)	25 mcg 125%
Vitamin E (as mixed tocopherols)	20 mg 133%
Vitamin K (as phytonadione)	100 mcg 83%
Thiamin (as thiamin HCl)	75 mg 6,250%
Riboflavin	75 mg 5,769%
Niacin (as niacinamide)	50 mg 313%
Vitamin B6 (as pyridoxine HCl)	45 mg 2,647%
Folate	524 mcg DFE 131%
(200 mcg Folic Acid)	
(200 mcg Quatrefolic® brand (6S)-5-methyltetrahydrofolate glucosamine salt)	
Vitamin B12 (as methylcobalamin)	500 mcg 20,833%
Biotin	200 mcg 667%
Pantothenic Acid (as calcium D-pantothenate)	50 mg 1,000%
Choline (as choline bitartrate)	55 mg 10%

Amount per Serving	% DV
Iodine (as potassium iodide)	200 mcg 133%
Magnesium (as magnesium aspartate)	200 mg 48%
Zinc (as zinc gluconate)	15 mg 136%
Selenium (as L-selenomethionine)	55 mcg 100%
Copper (as copper gluconate)	0.5 mg 56%
Manganese (as manganese citrate)	2 mg 87%
Molybdenum (as sodium molybdate)	125 mcg 278%
Sodium	15 mg 1%
Potassium (as potassium citrate)	135 mg 3%
Whey Protein†	5.5 g **
Malic Acid	1.2 g **
Betaine	750 mg **
Inositol	750 mg **
Inulin (from chicory root)	750 mg **
Taurine†	500 mg **
Glycine†	390 mg **
L-Tyrosine†	377 mg **
N-Acetylcysteine (NAC)	250 mg **
L-Serine†	240 mg **
Stevia Leaf Extract	150 mg **
Grape Seed Extract standardized to 85% polyphenols including procyanidolic oligomers (PCOs) (42.5 mg)	50 mg **
Boron (as boric acid and citric acid blend)	2 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
 **Daily Value not established.
 Other ingredients: natural flavors, erythritol, gum acacia, mannitol, silica
 Contains milk and soy.

Recommendation: Adults take 1/2 to 1 level scoopful (23.5 g) each morning or as recommended by a healthcare professional. For 1/2 scoop: mix with 4-6 oz water, your favorite beverage, smoothie or yogurt. For 1 scoop: mix with 8-12 oz. Best if consumed within 30 minutes of preparation. Do not exceed recommended use. This product contains the amino acid Phenylalanine. **Warning:** Do not take this product if you have a known hypersensitivity to iodine or hyperthyroidism. If you are pregnant, nursing, have a blood clotting disorder or are taking any medications, consult a healthcare professional before use.

GLUTEN FREE. No yeast-derived ingredients or wheat.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing.

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Questions? 1-800-9NATURE/naturesway.com

Advanced, all-in-one formula! Enjoy nutritional support with Fatigued to Fantastic!™ Energy Revitalization System™.* This daily nutritional powerhouse adds convenience as a delicious, all-in-one drink mix with B vitamins built right in—plus essential vitamins, minerals, protective antioxidants††, and amino acids. Feeling your best just got a whole lot easier to swallow!



***Typical Amino Acid Content per serving, including Amounts for Whey Protein:**

L-Alanine	281 mg
L-Arginine	151 mg
L-Aspartic Acid	614 mg
L-Cystine	108 mg
L-Glutamic Acid	976 mg
Glycine	498 mg
L-Histidine	108 mg
L-Isoleucine	332 mg
L-Leucine	600 mg
L-Lysine	527 mg
L-Methionine	101 mg
L-Phenylalanine	187 mg
L-Proline	325 mg
L-Serine	529 mg
Taurine	500 mg
L-Threonine	397 mg
L-Tryptophan	101 mg
L-Tyrosine	543 mg
L-Valine	332 mg
Total	7,210 mg

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