Suggested Use: As a dietary supplement, mix 1 serving with 8-10 ounces of water or your preferred beverage.

PLANT+ is a 100% plant-based protein powder designed specifically for athletes who eat plant-based diets, who are lactose intolerant, or who just want an alternative to whey, casein, and egg powders.

Its high-quality blend of pea and rice protein provides 25 grams of protein per serving, and is highly bioavailable and rich in essential amino acids that are vital to muscle recovery and growth.†

PLANT+ also contains 34 additional nutrients and enzymes to improve the quality of your diet, aid in digestion, and address common nutritional deficiencies among plant-fueled athletes, in particular.†

WARNING: Not intended for persons under the age of 18. Do not use if pregnant or nursing. Consult a health care professional prior to consumption if you have any pre-existing medical conditions or are taking any prescription medication. Improper use of this product will not improve results and is potentially hazardous to a person's health. Use only as directed.

KEEP OUT OF REACH OF CHILDREN, STORE IN A COOL, DRY PLACE. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING.



These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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L: PLANTCV1











CLINICALLY EFFECTIVE INGREDIENTS AND DOSAGES

PLANT PROTEIN







100% VEGAN

NON-GMO

34 ADDITIONAL NUTRIENTS

20 SERVINGS

CHOCOLATE

100% NATURALLY SWEETENED & FLAVORED

DIETARY SUPPLEMENT | NET WEIGHT: 864G (1.90 LBS)

## SUPPLEMENT FACTS

Serving Size: 1 Scoop (43.21 g) Servings Per Container: 20

	Amount Per Serving	%DV*
Calories	160	
Total Fat	3 g	4%
Saturated Fat	0 g	
Cholesterol	0 mg	0%
Sodium	540 mg	23%
Total Carbohydrates	4 g	
Total Sugars	1 g	
Protein	25 g	51%
Vitamin A (as beta carotene)	452 mcg	50%
Vitamin C (as ascorbic acid)	60 mg	70%
Vitamin D (as ergocalciferol)	15 mcg	80%
Vitamin E (as dl-alpha-tocopheryl acetate)	450 mg	1500%
Vitamin B1 (as thiamine hydrochloride)	0.4 mg	35%
Vitamin B2 (as riboflavin)	0.3 mg	25%
Vitamin B3 (as niacinamide)	3 mg	20%
Vitamin B5 (as calcium-d-pantothenate)	2 mg	20%
Vitamin B6 (as pyridoxine hydrochloride)	0.4 mg	25%
Folate (50% 5-methyltetrahydrofolate, 50% folic acid)	320 mcg DFE	80%
Vitamin B12 (29 mcg methylcobalamin, 5 mcg cyanocobalamin)	34 mcg	1400%
Vitamin K	20 mcg	15%
Calcium (as tricalcium citrate)	450 mg	34%
Potassium (as potassium iodide)	248 mg	6%
Niacin (as niacinamide)	3 mg	20%
Biotin	30 mcg	100%
Magnesium (as magnesium oxide)	100 mg	22%
lodine	23 mcg	15%
Phosphorous	377 mg	30%
Iron (as ferric orthophosphate)	9 mg	50%
Zinc (as zinc citrate)	3 mg	25%
Selenium (as sodium selenite)	14 mcg	25%
Copper (as copper gluconate)	0.4 mg	45%
Manganese (as manganese sulphate)	0.7 mg	32%
Chromium (as chromium chloride)	15 mcg	45%
Molybdenum (as sodium molybdate)	11 mcg	25%
Pea Protein Isolate	30 g	
Oryzatein® Brown Rice Protein Concentrate	4 g	
Carnosyn® Beta Alanine	500 mg	
Creatine Monohydrate	500 mg	
Taurine	500 mg	
Inositol	275 mg	
Bromelain	210 mg	
Papain	50 mg	
Protease	50 mg	
Amylase	10 mg	
*Percent Daily Value Based on a 2000 Calorie Diet.		
**Daily Value Not Established		

OTHER INGREDIENTS: Alkalized Cacao, Natural Flavors, Maltodextrin, Sea Salt, Stevia (Stevia rebaudiana) Leaf Extract, Xanthan Gum



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