

Directions: Mix 1 scoop with 8-10 oz of water or your preferred beverage 30-45 minutes before bed. Lunar can be used daily without harm, but by using it less frequently, you will maximize its effectiveness. We recommend that you use Lunar up to three times per week on nights where good sleep is particularly important.

WARNING: May cause drowsiness, be careful when driving a motor vehicle or operating machinery. Check with a qualified healthcare professional before using this product if you are under 18 years of age or if you have any pre-existing medical conditions and/or are taking any prescription medication(s). KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

ALLERGEN WARNING:

This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, and soybeans.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



LUNAR

CLINICALLY EFFECTIVE INGREDIENTS AND DOSAGES

SLEEP AID

30 SERVINGS

CHAMOMILE

100% NATURALLY
SWEETENED & FLAVORED

DIETARY SUPPLEMENT | NET WEIGHT: 153G (0.34 LBS)



RELAXATION*



RESTFULNESS*



REJUVENATION*

SUPPLEMENT FACTS

Serving Size: 1 Scoop (5.1g) Servings Per Container: 30

	Amount Per Serving	%DV*
Total Carbohydrate	1g	<1%
Calcium (as Calcium Silicate)	27mg	3%
Glycine	3g	**
Lemon Balm Leaf Extract (7% Rosmarinic Acid)	600mg	**
Rutaecarpine (RC-NOS)	100mg	**
Melatonin	500mcg	**

*Percent Daily Value Based on a 2,000 Calorie Diet

**Daily Value Not Established

OTHER INGREDIENTS: Natural Flavor, Citric Acid, Stevia (*Stevia rebaudiana*) Leaf Extract, Turmeric Root Extract, Tapioca Starch



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