

Directions:

Adults and children 12 years and older take 2 softgels daily. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Do not bite or chew. Do not use if safety seal is broken or missing.

Let's Grow Together

Find out more at naturesway.com



Just two
easy-to-swallow
softgels a day.

Balanced Formula

1250 mg dose of EPA/DHA

Fresh Mint Flavored

No fishy burp back

Guaranteed Pure

View test results online
at purecheck.net



NutraSea®

Omega-3
Softgels®



1250 mg
EPA/DHA
per 2 softgels

60 Softgels | Fish Oil Supplement

Supplement Facts

Serving Size 2 Softgels / Servings per Container 30

Amount per Serving	% DV	
Calories	20	
Total Fat	2 g	3%†
Saturated Fat	0 g	0%†
Trans Fat	0 g	**
Polyunsaturated Fat	1.5 g	**
Monounsaturated Fat	0 g	**
Cholesterol	5 mg	2%
Fish Oil	1.8 g	**
Total EPA/DHA	1.25 g	**
Eicosapentaenoic Acid (EPA)	750 mg	**
Docosahexaenoic Acid (DHA)	500 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: gelatin, glycerin, purified water, natural flavor, preservative to maintain freshness (mixed tocopherols), sunflower oil, preservatives to maintain freshness (rosemary extract, ascorbyl palmitate)

Contains fish (anchovies).



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Questions?
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