

LIQUID HERBAL EXTRACT

BLACK COHOSH

Cimicifuga racemosa
Rhizome & Rootlets



HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

We prepare our Black Cohosh Extract from the rhizome & rootlets of *Cimicifuga racemosa* plants which are Certified Organically Grown especially for us in their native forest habitat in eastern Kentucky.

To assure optimal extraction of Black Cohosh's isoflavones & other bioactive compounds, the rhizome & rootlets are hand-dug only in late autumn or early spring, are carefully shade-dried, and are then thoroughly extracted.

Black Cohosh Liquid Extract
Ingredients: certified organic grain alcohol (76-86%), distilled water & Black Cohosh extractives.

Dry herb / menstruum ratio: 1 : 5

SUGGESTED USE

SHAKE WELL BEFORE USING

Two to four times per day
take 30 to 40 drops in a little water.

*Caution: Seek expert medical advice
before taking during pregnancy.*

Keep Out of the Reach of Children

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