

DIRECTIONS: As a Dietary Supplement, take one (1) tablet before bedtime in any 24 hour period.

WARNINGS: USE ONLY AT BEDTIME. For adult use only. Not for use by children, teenagers, or pregnant or lactating women. If you are under medical supervision, or have an autoimmune disease, diabetes, a depressive disorder, epilepsy, leukemia or a lymphoproliferative disorder, or are taking tranquilizers, sedatives, an MAO inhibitor drug (or for 14 days after stopping MAOI therapy), corticosteroids such as cortisol, or prednisone, blood thinners or blood pressure medications, consult a health care professional before taking this product.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place.

WARNING: Do not use if you have a hypersensitivity to any ingredient.



51991-014-06

Melatonin 3MG

DO NOT USE IF ANY TAMPER EVIDENT
SEAL IS MISSING OR BROKEN.

Gluten Free
No artificial colorings, flavorings,
preservatives or sweeteners

Dietary Supplement 60 Tablets



Supplement Facts
Serving Size: 1 Tablet
Servings Per Container: 60

Amount Per Serving		% Daily Value
Calcium	22 mg	2%
(as Dicalcium Phosphate)		
Melatonin	3 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Magnesium Stearate and Silica.

To report a serious adverse event contact:
1-800-367-3395.

Distributed by:
Breckenridge Pharmaceutical, Inc.
Berlin, CT 06037

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