

The estrobalance® Advantage

EstroBalance with absorbable BR-DIM®:

- Contains a unique, bioavailable form of BR-DIM®
- Promotes estrogen metabolism*
- Supports breast health*

1 Daily Dose = DIM from 2 lbs. of Broccoli

Indoplex® and BR-DIM® is a proprietary, enhanced bioavailability complex containing Diindolylmethane licensed from BioResponse, LLC, Boulder, CO.

GLUTEN FREE. No yeast-derived ingredients, wheat, or dairy.



◆ LS05333.D02 BLK533D

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Questions? 1-800-9NATURE / naturesway.com

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

SINCE 1969
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estrobalance®
Supports healthy
estrogen metabolism*

DIETARY SUPPLEMENT 30 TABLETS
WOMEN'S HEALTH*

The estrobalance® BR-DIM® Advantage

Why not get diindolylmethane from eating cruciferous vegetables? While eating cruciferous vegetables such as broccoli is recommended for good health, you'd have to eat at least two pounds of raw broccoli to obtain the DIM contained in just one daily dose of EstroBalance!

1 Daily Dose = DIM from 2 lbs. of BROCCOLI!

Why take EstroBalance with absorbable BR-DIM®? Diindolylmethane, in supplement form, can be difficult to absorb, unless it's made with a special bioavailable form of diindolylmethane such as the BioResponse-DIM® complex, as found in EstroBalance. BioResponse-DIM complex provides an enhanced bioavailability delivery system for DIM so it's easy for the body to absorb.

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The Benefits of Diindolylmethane Supports Healthy Estrogen Metabolism*

EstroBalance® contains Indoplex® diindolylmethane (BR-DIM®), a phytonutrient found in cruciferous vegetables such as Brussels sprout, broccoli and cabbage. BR-DIM® has been shown to influence estrogen metabolism to increase the ratio of 2-hydroxyestrogen (2-OHE) to 16-hydroxyestrogen (16-OHE).* 2-OHE is often referred to as the "good" estrogen metabolite and 16-OHE as a "bad" estrogen metabolite.*

Promotes Women's Health*

Increasing the ratio of 2-OHE to 16-OHE may have the following benefits:

- Reduces cyclical breast tenderness*
- Promotes breast health*
- Supports cardiovascular health*
- Helps regulate healthy estrogen metabolism*

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Recommendation: Women take 1 tablet daily with food. If extra support is required, take 2 tablets daily with food.

Warning: Do not use this product if you are pregnant, nursing, or attempting to become pregnant. A harmless but noticeable change in urine color may occur during usage of this product. If you are taking any medications, consult a healthcare professional before use.

Supplement Facts		
Serving Size 1 Tablet		
Amount per Serving		% DV
Calcium (as calcium carbonate)	340 mg	26%
Indoplex® Diindolylmethane (BR-DIM®) Complex	120 mg	**
**Daily Value (DV) not established.		

Other ingredients: cellulose, modified food starch, hypromellose, sodium croscarmellose, silica, stearic acid, magnesium stearate, titanium dioxide color, tocopherolsol, glycerin, phosphatidylcholine

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.



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