

Vitamin K2 is essential for its role in the activation of gamma-glutamyl-carboxylase (GLA). Our **Activated K2** is made up of menaquinones (MK-4 through MK-10), and combined they play the critical role in calcium metabolism benefiting both cardiovascular and bone health. Because most K2 activity occurs in the liver, choline has been included to aid liver function, and glutamic acid to assist with the full activity of menaquinones.†

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Healthy Heart and Bones
ACTIVATED K2
Mixed Menaquinones
with Activating Factors

Supports Calcium Metabolism†
Dietary Supplement
60 VEGETARIAN CAPSULES



Supplement Facts

Serving Size 1 Capsule Servings Per Container 60

Amount Per Serving	% Daily Value	
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Vitamin K2 (as mixed menaquinones)	75 mcg	94%
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GLA Activation Complex (choline bitartrate, glutamic acid)	250 mg	*
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* Daily value not established.

Other Ingredients: Cellulose (vegetable source), vegetable cellulose capsule, magnesium stearate (vegetable source), silica.

SUGGESTED USE: Take one capsule with a meal or as directed by your health professional.

CONTAINS NO artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish. Suitable for vegans.

KEEP OUT OF REACH OF CHILDREN. VL 104-60A

