neuroscience to deliver a multifaceted approach to



maintining a healthy and happy brain.*

PROMOTES NEUROTRANSMITTER PRODUCTION*

PROMOTES REGENERATION AND REPAIR OF BRAIN CELLS* CONTAINS BIOAVAILABLE FORMS OF INGREDIENTS FOR MAXIMUM

SUPPORTS METHYLATION

-MTHER FRIENDLY* Directions: Take 2-4 capsules twice daily.

or one hour before meditation practice. Warning: If you are pregnant, nursing, or have a medical condition, consult your physician before use. If you are taking an SSRI or MAOI antidepressant medication, always consult your doctor before

taking any supplement. Discontinue if any adverse reactions occur. * These statements have not been evaluated by the Food and Drug Administration. This product is not intended to

diagnose, treat, cure or prevent any disease.

RANS/EN

Dietary Supplement

120 Vegetarian Capsules

Mood Enhancement

& Stress Support

Promotes feelings of well-being and relaxations



Supplement Facts

Serving Size: 4 Cansules Serving Size: 4 Capsules Servings per Container: 30 Amount per Serving %Daily Value Vitamin B1 (Thiamine Mononitrate) 20 mg 1334% Vitamin B2 (Bihoflavin) 10 mg 5889 Vitamin B3 (Niacinamide) 20 mg 100% Vitamia De 50 mg 2500% (Pyridoxine HCI & Pyridoxal-5-Phosphate Vitamin B12 (Methylcobalamin) Magnesium (Magnesium Citrate) 80 mg Zinc (Zinc Picolinate) 4.5 ma Passion Flower (Whole Herb) 400 ma 300 ma

Turmeric Extract (95%) 300 ma Blueberry Extract (5:1) 200 ma Ashwagandha Extract 200 mg Mucuna Pruriens Extract (4:1) 200 ma Lemon Balm Extract (10:1) 200 ma 100 ma 5-HTP (from Griffonia seed) Black Pepper Extract (BioPerine®) 10 mg † Daily Value not established

Other Ingredients: Rice flour and Hypromellose. BioPerine® is a registered trademark of Sabinsa.