

MENOPAUSE SUPPORT*

Native to Eastern North America, near the Appalachian mountains, black cohosh has traditionally been used by Native Americans for hundreds of years. It grows wild and is called the "fairy candle" due to the tall white flower that grows from the stem. However, the root is what the wild foragers are after, and is dug up in the autumn, dried and powdered.

◆ LG60600.A02 BLK8156A



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



✱ PREMIUM EXTRACT ✱

BLACK COHOSH

MENOPAUSE SUPPORT*



60 TABLETS | 40 MG per Serving
DIETARY SUPPLEMENT

Recommendation: Take 1 tablet twice daily with food or water. **Warning:** Do not use if you are pregnant or nursing. Discontinue use and consult a healthcare professional if you have a liver disorder or develop symptoms of liver trouble, such as abdominal pain, dark urine, or jaundice. If taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV
Black Cohosh Root and Rhizome	40 mg**
Extract standardized to 2.5% triterpene glycosides (1 mg)	

**Daily Value (DV) not established.

Other ingredients: cellulose, sodium croscarmellose, stearic acid, silica

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, dairy products, artificial colors, flavors, or preservatives.

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