

PROMOTES FEELINGS
OF FULLNESS*



At Nature's Way®, we believe in quality you can trust. So, we start by sourcing botanicals from the places they grow best. Then we use three distinct levels of scientific testing methods to ensure ingredients meet our uncompromising standards. Look for the TRU-ID® logo to find products certified for authenticity by independent, third-party testing.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



GLUCOMANNAN FROM KONJAC ROOT

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180 VEGAN CAPSULES | 1,995 MG per Serving

DIETARY SUPPLEMENT

Recommendation: Take 3 capsules with at least 8 oz. of liquid (full glass) approximately 20 minutes before mealtime. **Warning:** Take this product with at least a full glass of liquid. Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. If pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 3 Capsules
Servings per Container 60

Amount per Serving	% DV	
Total Carbohydrate	2 g	<1%†
Glucomannan (from <i>Amorphophallus konjac</i> root)	1.995 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate
Contains sulfites.

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, or artificial colors, or flavors.

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / naturesway.com

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BOTTLES MADE
FROM 97%
POST-CONSUMER
RECYCLED PLASTIC



BOTTLED & TESTED
IN THE USA