

Peapod Omega-3 provides the omega-3 fats you need to promote pregnancy wellness and support the development of your baby's brain, eyes, and heart.*

Peapod Omega-3 contains pharmaceutical grade EPA and DHA from premium Icelandic fish oils to ensure purity, quality, and sustainability.*



Directions for Use:
Take 3 softgels a day, preferably at meal times or before bed. Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by Fairhaven Health, LLC | www.fairhavenhealth.com
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Natural Products for a Healthy Pregnancy

Omega-3



- Concentrated, Small Softgel Size
- Pharmaceutical Grade to Ensure Purity
- Natural Citrus Flavor - No Fishy Aftertaste



FAIRHAVEN HEALTH® One Month Supply

90 Softgels

Supplement Facts

Serving Size: 3 Softgels
Servings Per Container: 30

Three Softgels Contain	% Daily Value
Calories 20	
Calories from Fat 15	
Total Fat 1.5 grams	3%*
Saturated Fat .075 grams	<1%
Monounsaturated Fat .3 grams	†
Polyunsaturated Fat 1.125 grams	†
Vitamin E (mixed tocopherols) 1.5 IU	<1%
Omega-3 Fatty Acids 1004 mg	†
DHA (Docosahexaenoic) 675 mg	†
EPA (Eicosapentaenoic) 225 mg	†
Other Omega-3 Fatty Acids 104mg	†

*Percent Daily Value is based on a 2000 calorie diet
† Daily Value not established

Ingredients: Fish Oil (herring, mackerel, sardines, anchovies) Capsule (gelatin, glycerin, purified water), Natural Mixed Tocopherols, Natural Citrus Flavor

Contains No: Yeast, Corn, Gluten, Artificial Preservatives, Colors or Flavors. Store in a cool dry place.