

Myo-inositol is a naturally occurring substance belonging to the B complex family of vitamins.

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Recommended Use:

As a dietary supplement, take 4 capsules daily.

By acting as an insulin-sensitizing agent, myo-inositol helps to support proper utilization of the hormone insulin, which in turn supports healthy ovarian function, egg quality, and menstrual cycle regularity.* Research also suggests that myo-inositol supports sperm health.

May be taken together with OvaBoost for Women and FertilAid for Men.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made in the USA of imported and domestic ingredients



FAIRHAVEN HEALTH®

Myo-Inositol

for women and men

- Supports hormonal balance*
- Supports ovarian function and egg quality in women*
- Supports a healthy menstrual cycle*
- Supports sperm health in men*

DIETARY SUPPLEMENT

120 Capsules
One Month Supply

Supplement Facts

Serving Size: 4 capsules
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Myo-Inositol	2000 mg	**

** Daily Value not established

Other ingredients: microcrystalline cellulose, vegetable capsule (hypromellose), silicon dioxide, magnesium stearate.

Caution: Keep out of reach of children. For adults only. If you have a pre-existing medical condition, or are taking an antidepressant medication, please consult a doctor before use. If tamper seal is broken or missing, do not use. Discontinue use once pregnancy has been confirmed by urine or blood test.

No wheat, gluten, yeast, dairy, animal products, artificial colors, or artificial preservatives.

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