

Egg quality and ovarian function are key indicators of fertility. A variety of factors can negatively impact both, making conception difficult, including age, diet, environmental toxins, hormone imbalances, and PCOS. FH PRO for Women is an evidence-based, doctor-formulated dietary supplement designed to promote egg quality, ovarian function, and overall female fertility with a comprehensive formula including vitamins, minerals, antioxidants, and specialty nutrients.*

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

If tamper seal is broken or missing, do not use. Please consult a doctor before taking FH PRO for Women if you have been prescribed a medication or herbal supplement for depression or anxiety.

For best results, begin taking FH PRO for Women 3-6 months before trying to conceive naturally or via ART. Discontinue use once pregnancy is confirmed.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by Fairhaven Health, LLC
1410 11th Street Bellingham, WA 98225 L03
Made in the USA of imported and domestic ingredients
Manufactured in a GMP-certified facility

www.fairhavenhealth.com

Patent Pending

FH PROTM

for women

Clinical-Grade Fertility Supplement

DIETARY SUPPLEMENT DESIGNED TO:

- Protect egg cells from oxidative stress¹
- Provide complete preconception multi-vitamin support²
- Promote female fertility, ovarian function, and egg quality³
- Complement ART or serve as a natural conception aid⁴



FAIRHAVEN HEALTH[®]

180 Capsules / One Month Supply

Recommended Use: As a dietary supplement, take 6 capsules daily or as recommended by your health care professional.

Supplement Facts

Serving Size: 6 capsules
Servings Per Container: 30

Amount Per Serving	% Daily Value
Vitamin A (as beta-carotene) 5000 IU	100%
Vitamin C (as ascorbic acid) 240 mg	400%
Vitamin D3 (as cholecalciferol) 2800 IU	700%
Vitamin E (87.5% as d-alpha-tocopheryl succinate and 12.5% as mixed tocopherols) 100 IU	333%
Vitamin K (as phytonadione (K1) and menaquinone-4 (K2)) 80 mcg	100%
Thiamin (as thiamine HCl and benfotiamine) 3 mg	200%
Riboflavin (as riboflavin 5 phosphate) 3.4 mg	200%
Niacin (as niacinamide) 40 mg	200%
Vitamin B6 (as pyridoxal 5 phosphate) 4 mg	200%
Folate (from 5-Methyltetrahydrofolate, Calcium) 800 mcg	200%
Vitamin B12 (as methylcobalamin) 12 mcg	200%
Biotin (as d-biotin) 600 mcg	200%
Pantothenic Acid (as d-calcium pantothenate) 20 mg	200%
Iron (as iron glycinate) 18 mg	100%
Iodine (as potassium iodide) 150 mcg	100%
Zinc (as zinc citrate) 30 mg	200%
Selenium (as selenomethionine) 75 mcg	100%
Copper (as copper sulfate) 1 mg	80%
Manganese (as manganese bisglycinate chelate) 2 mg	100%
Chromium (as chromium picolinate) 240 mcg	200%
Molybdenum (as molybdenum glycinate chelate) 75 mcg	100%
Inositol 2000 mg	""
CoQ10 (as ubiquinone) 300 mg	""
Alpha Lipic Acid 100 mg	""
Choline (as choline bitartrate) 50 mg	""
D-Chiro-Inositol 50 mg	""
Grape Seed Extract 50 mg	""
trans - Resveratrol (from Polygonum cuspidatum root extract) 50 mg	""
N-Acetyl L-Cysteine 50 mg	""
Melatonin 2 mg	""
Benfotiamine 1 mg	""

¹ Daily Value not established

Other ingredients: Vegetable capsule, microcrystalline cellulose, magnesium stearate, silicon dioxide