

Suggested Use: Take 1-2 Capsules at night prior to desired sleep or as recommended by your health professional.

Store in a cool, dry place with the lid tightly closed. Keep out of reach of children.

Warnings: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition.

Manufactured for BodyHealth.com, LLC.
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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

HEALTHY SLEEP ULTRA™

Specifically designed to support the body's calming hormones and neurotransmitters that promote restorative sleep.*

60 Capsules
Dietary Supplement

Supplement Facts		
Serving Size: 2 Capsules		Servings Per Container: 30
	Amount Per Serving	% DV†
Vitamin B6 (as Pyridoxal 5-Phosphate) (PSP)	2 mg	117%
Vitamin C (as Ascorbic Acid)	10 mg	17%
Taurine	700 mg	**
Phenibut (Phenyl-γ-AminoButyric Acid)	350 mg	**
L-Glycine	250 mg	**
5-HTP (l-5-hydroxytryptophan)	100 mg	**
L-Glutamine	50 mg	**
Melatonin (N-Acetyl-5-methoxytryptamine)	3 mg	**
† Percent Daily Values (DV) are based on a 2,000 calorie diet.		
**Daily Values not established		

Other Ingredients: Vegetable Capsule (Cellulose, purified water), microcrystalline cellulose.

Healthy Sleep Ultra contains **NONE** of the following: artificial colors, artificial flavors, milk or milk derivatives, preservatives, sodium, gluten, corn or soy.

