



Twice Daily Multi™

Dietary Supplement

For Professional Use Only

50 Vegetarian Capsules



Notice: Color, size or shape may appear different between lots.

TRAACS® is a registered trademark of Albion Laboratories, Inc.

Does not contain gluten.

TDM060



Supplement Facts

Serving Size 2 capsules

Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A	3200 IU 64%	Folate (NatureFolate™ blend)	400 mcg 100%
(from Palmitate, and mixed carotenoids from palm tree fruit)		Vitamin B-12 (as Methylcobalamin)	500 mcg 8333%
Alpha Carotene	4 mg	Biotin (as d-Biotin)	300 mcg 100%
Beta Carotene	15 mg	Pantothenic Acid (as d-Calcium Pantothenate)	50 mg 500%
Vitamin C (as Ascorbic Acid)	500 mg 833%	Iodine (as Potassium Iodide)	75 mcg 50%
Vitamin D (as Cholecalciferol)	500 IU 125%	Zinc (TRAACS® Zinc Glycinate Chelate)	15 mg 100%
Vitamin E (Total Natural Tocopherols)	158 mg *	Selenium (as Selenium Glycinate Complex)	200 mcg 286%
as d-gamma	110 mg *	Manganese (TRAACS® Manganese Glycinate Chelate)	3 mg 150%
as d-delta	30 mg *	Chromium	400 mcg 333%
as d-alpha	12 mg/18 IU 60%	(TRAACS® Chromium Nicotinate Glycinate Chelate)	
as d-beta	6 mg *	Molybdenum	100 mcg 133%
Thiamin (Vitamin B-1)(as Thiamine HCL)	50 mg 3333%	(TRAACS® Molybdenum Glycinate Chelate)	
Riboflavin (Vitamin B-2)	30 mg 1765%		
Niacin (Vitamin B-3)(as Niacinamide)	30 mg 150%	Alpha Lipoic Acid	20 mg *
Vitamin B-6 (as Pyridoxine HCL)	50 mg 2500%	Boron (as Bororganic Glycine)	2 mg *

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, silicon dioxide, vegetable stearate.

STORE IN A COOL, DRY PLACE.



Formulated and distributed by:
Designs for Health, Inc.
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www.designsforhealth.com
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