

Konsyl

ORGANIC PSYLLIUM FIBER

Made From
NATURE

100% All-Natural

Plant Based | Soluble Fiber



Dietary Supplement | Psyllium Powder | Net Wt. 12 oz (340g)

ORGANIC PSYLLIUM FIBER



VEGAN



SUGAR
FREE



GLUTEN
FREE



NON
GMO



NO ADDED
INGREDIENTS



PAREVE

Made From
NATURE



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Supplement Facts

Serving Size: 1 teaspoon (6g)
Servings Per Container: About 57

Amount Per Serving	% Daily Value
Calories 20	
Total Carbohydrate 5g	2%*
Dietary Fiber 5g	18%*
Soluble Fiber 3g	†
Iron 1mg	6%*

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Ingredients: Powdered Organic Psyllium Husks
Manufactured For
Konsyl Pharmaceuticals, Inc., Easton, MD 21601
Certified Organic By Oregon Tilth

PRODUCT OF INDIA

To report a serious adverse event, contact 800.52
Industrial Park Road, Easton MD 21601.

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Dosage: Adults and children 12 years and over: One teaspoon 1 to 3 times daily. Children 6 to under 12 years of age: 1/2 teaspoon 1 to 3 times daily. Follow with additional fluid to aid product action, before or after meals, mornings or evenings. **Notice:** This product should be taken with at least a full glass of liquid. Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. **WARNING:** This product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov. Read entire label. **Allergy Alert:** Inhaled or ingested psyllium powder may cause an allergic reaction in people sensitive to psyllium. 29910