

Evening Primrose Oil provides the Omega-6 fatty acid, GLA (Gamma-Linolenic Acid). GLA is a fatty acid that the body converts into hormone-like substances called prostaglandins, which have been shown to promote hormonal balance in women and support a wide range of bodily functions.*

Caution: Keep out of reach of children.

For adults only. If you have a pre-existing medical condition or if you are taking fertility medications, consult your doctor before using. Do not use during pregnancy. If tamper seal is broken or missing, do not use. Store in a cool, dry place. Once the bottle is opened, use within 30 days.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Evening Primrose Oil

Dietary Supplement



A Source of
Omega-6
Fatty Acids



Supports Hormone
Balance*

64 Softgels, One Month Supply

Recommended Use: Designed to be taken during the first half of the menstrual cycle up until ovulation. Begin taking on first day of menstrual bleeding and continue taking daily until you have confirmed that ovulation has taken place. As a dietary supplement, take 4 softgels daily.

Supplement Facts

Serving Size: 4 Softgels

Servings Per Container: 16

Amount Per Serving	% Daily Value	
Calories	20	
Total Fat	2g	3%†
Organic Evening Primrose Oil	2000 mg	**

† Percent daily values are based on a 2000 calorie diet
** Daily Value not established

Other ingredients: Gelatin, glycerin, purified water

Made without gluten, dairy, soy, artificial flavors and preservatives.



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