

Supplement Facts

Serving Size 4 Tablets	Servings Per Container	30
Ingredients:	Amount Per Serving	% DV†
Vitamin A (as mixed carotenoids)	1400 mcg	156%
Vitamin C	800 mg	1333%
Vitamin D-3	250 mcg	1250%
Vitamin E (Acetate)	200 mg	1333%
Vitamin K2 (Menaquinone)	80 mcg	100%
Vitamin B-1 (Thiamine HCl)	80 mg	6667%
Vitamin B-2 (Riboflavin)	60 mg	4615%
Vitamin B3 (Niacin)	40 mg	250%
Vitamin B6 (Pyridoxine HCl)	80 mg	4706%
Folic Acid (as L-Methylfolate)	1600 mcg	400%
Vitamin B-12 (Methylcobalamin)	60 mcg	2500%
Biotin	200 mcg	667%
Calcium D-Pantothenate (B5)	80 mg	1600%
Calcium (Citrate/Ascorbate Complex)	100 mg	10%
Iodine (Potassium Iodine)	200 mcg	133%
Magnesium (Citrate)	100 mg	25%
Zinc (Amino Acid Chelate)	20 mg	182%
Selenium (L-Selenomethionine)	200 mcg	364%
Copper (Amino Acid Chelate)	800 mcg	89%
Manganese (Aspartate)	8 mg	400%
Chromium (Polynicotinate)	200 mcg	571%
Molybdenum (Sodium Molybdate)	100 mcg	222%
Potassium (Aspartate)	80 mg	2%
CoQ10	40 mg	**
Choline Bitartrate	80 mg	**
Choline Dihydrogen Citrate	60 mg	**
Lutein (elemental, all natural)	6 mg	**
Lycopene	6 mg	**
Boron (Aspartate/Citrate)	1,600 mcg	**
Zeaxanthin	400 mcg	**
Trace Minerals Powder	80 mcg	**
Vanadium (Vanadyl Sulfate)	40 mcg	**

** Daily Value Not Established



BODYHEALTH
OPTIMIZING HEALTH & VITALITY

COMPLETE MULTI™ + LIVER DETOX SUPPORT

Complete Multi-Vitamin & Mineral
Full Spectrum Antioxidant
Complete Liver Detox Support*
Fruit & Vegetable Whole Food Nutrition



Directions for use: Take 2 tablets, twice daily
Store in a cool dry place.

120 Tablets
Dietary Supplement

Supplement Facts (Continued) Amount Per Serving % DV†

Special Nutraceutical, Fruits and Green Food Ingredients:

Sprouted Barley Juice (dry)	80 mg	**
Wheat Grass Juice (dry)	80 mg	**
Red Wine Proanthocyanidins and OPC	80 mg	**
Spirulina	80 mg	**
Chlorella (broken cell wall)	80 mg	**
Beet Extract (dry)	80 mg	**
Lemon Bioflavonoids	80 mg	**
Green Tea Extract	60 mg	**
Hesperidin	60 mg	**
Rose Hips	48 mg	**
Papaya Extract (dry)	40 mg	**
Apple Pectin	40 mg	**
Bromelain (Pineapple 2,000 GDU/gm)	40 mg	**
Blueberry (fruit)	40 mg	**
Broccoli (freeze-dried)	40 mg	**
Rutin	40 mg	**

Liver Support Ingredients*:

Milk Thistle extract (80% silymarin)	200 mg	**
N-Acetyl-L-Cysteine	80 mg	**
R Alpha Lipoic Acid	80 mg	**
L-Cysteine	40 mg	**
Schizandrae Fructus extract	40 mg	**
Dandelion Root extract	40 mg	**
L-Methionine	20 mg	**
Glutamic Acid HCl	20 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet

** Daily Value Not Established

Other Ingredients: Calcium carbonate, plant cellulose, silica, vegetable stearate, modified potato starch and vegetable coating.

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* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.