

Transitions of all kinds can be difficult, and menopause is no exception. Many menopausal (and perimenopausal) women experience uncomfortable symptoms due to the hormonal changes associated with this life change, including hot flashes, night sweats, mood changes, and lack of energy.

BalanceBlend supports hormonal balance and provides targeted nutrition to help make your transition through menopause as comfortable as possible.*



Directions: For adults only. Take 3 capsules daily. Do not use if seal under cap is broken. Not intended for use during pregnancy or lactation. Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Natural Products for
Women's Health

BalanceBlend

Dietary Supplement for Menopause*

- Herbal support for hormone balance with Vitex, Black Cohosh and Wild Yam*
- Complete multivitamin support with folate*
- Helps with hot flashes associated with menopause*



FAIRHAVEN HEALTH

90 Capsules
One Month Supply

Supplement Facts

Serving Size: 3 capsules
Servings Per Container: 30

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene) 5000 IU	100%
Vitamin C (ascorbic acid) 300mg	500%
Vitamin D (as cholecalciferol) 1800 IU	400%
Vitamin E (as d-alpha tocopheryl succinate) 60 IU	200%
Vitamin K (as phyloquinone) 80 mcg	100%
Thiamin (as thiamine HCl) 3.0 mg	200%
Riboflavin (as riboflavin 5 phosphate) 3.4 mg	200%
Niacin (inositol hexanicotinate) 20 mg	100%
Vitamin B6 (pyridoxal 5-phosphate) 4 mg	200%
Folate (as Quatrefolic) 400mcg	100%
Vitamin B12 (as methylcobalamin) 6 mcg	100%
Biotin 360 mcg	100%
Pantothenic Acid (as d-calcium pantothenate) 10mg	100%
Iodine (as potassium iodide) 150 mcg	100%
Zinc (as zinc gluconate) 15 mg	100%
Selenium (as selenomethionine) 70 mcg	100%
Copper (as copper sulfate) .5 mg	25%
Manganese (as amino acid chelate) 2 mg	100%
Chromium (as chromium picolinate) 120 mcg	100%
Molybdenum (as amino acid chelate) 75 mcg	100%

Proprietary Blend 495 mg
Hops (*Humulus lupulus*) flower extract, Black Cohosh (*Cimicifuga racemosa*) root extract, Wild Yam (*Dioscorea villosa*) root extract, Deglycyrrhizinated Licorice (*Glycyrrhiza glabra*) root extract, Cheese Tree (*Vitex agnus castus*) fruit extract, Maia (*Lepidium meyerii*) root, Ginkgo biloba leaf extract, Indole-3-carbinol, Dimethylmethane (DIM)

** Daily Value not established

Other Ingredients: Vegetarian Capsule (Hydroxypropylmethylcellulose and Water), Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.

Distributed by Fairhaven Health, LLC
www.fairhavenhealth.com
1410 11th St Bellingham, WA 98225 L03
Manufactured in the USA of imported and domestic ingredients