

Spirulina Manna™ (*Arthrospira platensis*) is a spiral shaped blue green microalga that is known for its incredible, broad-spectrum nutritional content.* Spirulina is considered one of the world's first superfoods. A staple food source for the Aztecs and other Mesoamericans who harvested spirulina from Lake Texcoco in central Mexico, spirulina is still harvested today from Lake Chad in west-central Africa. Blue green algae thrive in lakes and inland bodies of water that are warm and alkaline. Spirulina boasts a 60% protein content — it is a richer source of protein than most vegetables — and it is also a good source of beta-carotene, various minerals, and gamma linolenic acid, an essential fatty acid.* Spirulina Manna also contains high levels of phycocyanin, a pigment-protein complex with antioxidant properties that is found only in blue green algae.*

Spirulina Manna is grown outdoors in the remote Sonoran Desert of Southern California under highly-controlled conditions and is regularly lab tested for heavy metals and microbial toxins to ensure highest levels of purity.

HealthForce SuperFoods® is a grassroots, independently owned and operated whole food botanical company. We offer a diverse and truly effective product line inspired by the incredible symbiotic power of plants. Our mission is fueled by a passion for purity and heart-centered collaboration, with a strong foundation of service and integrity. We are proud to offer clean, ethically produced products designed to help you thrive in a modern world.
“I WISH YOU GREAT HEALTH AND HAPPINESS ALWAYS!”
Dr.Jameth Sheridan – Naturopath and Hard-Core Herbal Medicine Researcher

				
TruGanic™ Sourcing	Eco Facility	Vegan Ethics	Lab Verified	Ecofresh™ Packaging

*These statements have not been evaluated by the Food and Drug Administration. This product is not designed to diagnose, treat, cure, or prevent any disease.

HEALTHFORCE SUPERFOODS®
SPIRULINA
Manna™



	Certified GF Gluten-Free		PAREVE
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Net Wt 16 oz (453.5g)

Nutrition Facts
about 189 servings per container
Serving size 1 teaspoon (2.4g)

Amount per serving	
Calories	10
	% Daily Value
Total Fat 0g	0%
Sodium 5mg	<1%
Total Carbohydrate 0g	0%
Protein 2g	
Iron 1.6mg	8%
Vitamin A (Beta-carotene) 1,100mcg	120%
Vitamin C 4mg	4%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium and potassium.

Ingredient: Spirulina∞ (*Arthrospira platensis*)
∞TruGanic™ **Grown in USA**

MANUFACTURED BY:
EXCELSIOR ALCHEMY™, TEMPE, AZ 85284
FOR INFO / SUPPORT CALL (800)748-6229
WWW.HEALTHFORCESUPERFOODS.COM

Suggested Use:
1 teaspoon per day, either all at once or divided.
Spirulina is a food. It can be eaten directly or added to foods.

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