

SCHISANDRA A native of Asia. schisandra (Schisandra chinensis) is a woody vine that produces small, vibrant red fruits. Traditionally used in Chinese Medicine as a Harmonizing Tonic or "King" remedy, schisandra is included in every classic text on Traditional Chinese Medicine. Schisandra has been highly regarded for centuries as a powerful adaptogen because of its unique nutrient

Chinese folklore says that schisandra can

"calm the heart and quiet the spirit." The

schisandra fruit is also known as the Five

Flavor Berry, capturing the five basic flavors in Chinese herbal medicine - sour, sweet, salty, bitter, and spicy. The powder can be added to smoothies, fresh juices, or teas. Integrity Extracts™ schisandra

and flavor profiles.











vegan, kosher, and gluten-free. SUGGESTED USE: Take I to 4 VeganCaps™ per day, or as advised by a qualified health care professional. Consume with conscious, positive intent.

powder is U.S sourced, certified organic,

## **HealthForce SuperFoods\***

## INTEGRITY EXTRACTS™ SCHÍSAIDRA











60 VeganCaps™

## **Supplement Facts**

Serving Size: 1 VeganCap<sup>™</sup> (0.5g) Servings Per Container: 60

Amount Per Servina

Schisandra Berry Extract 5:10∞ 500mg\* (Schisandra chinensis)

\* Daily Value not established.

Organic ∞TruGanic™ Country of Origin: USA Other ingredients: VeganCaps∞ (fermented tapioca) - no flow agents

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CERTIFIED ORGANIC BY OREGON TILTH

