

Therapeutic dosages of synergistic nutrients that have been shown to help:

- **Falling asleep and staying asleep\***
- **Promote nighttime Calmness and Relaxation\***

Emerald® is committed to creating only clean, pure, additive-free products. You can be 100% certain that our ingredients are in the purest form possible.

**\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.**

*Product is manufactured in a facility that processes milk, egg, soy, tree nuts, fish and shellfish.*

Suntheanine is a Registered Trademark of Taiyo International.

Manufactured in the U.S.A.

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Distributed by: Emerald Labs, Carson, CA

# Emerald™

The Additive-Free Company

Doctor-Formulated

# Sleep Health

- Suntheanine® L-Theanine
- Passionflower Extract (4:1)
- European Lemon Balm

**60** Vegetable Caps Dietary Supplement



Clinical Potency



Made with  
**NON-GMO** Ingredients



No Magnesium Stearate



Gluten-Free



Vegan Formula



Raw Whole-Food Based

**Suggested Use:** Adults, take two (2) capsules 30-60 minutes before bedtime (up to 4 capsules if needed) preferably on an empty stomach or as directed by a Health Care Practitioner.

## Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

| Amount Per Serving                      | % Daily Value |   |
|-----------------------------------------|---------------|---|
| <b>Melatonin Powder</b>                 | 1mg           | † |
| <b>Suntheanine® L-Theanine</b>          | 150mg         | † |
| <b>European Lemon Balm</b>              | 300mg         | † |
| <b>Passionflower Extract 4:1</b>        | 300mg         | † |
| <b>Raw Whole-Food Proprietary Blend</b> | 110mg         | † |

Tocotrienol Complex, **Organic** Raw Whole Food Sprout Powders (**Organic** Quinoa, **Organic** Mung Bean, **Organic** Millet), Raw Probiotic Blend (400 million CFU's Acidophilus/B. Bifidum), Raw Plant Enzyme Blend (Lipase, Lactase, Invertase, Protease, Hemicellulase, Cellulase, Alpha-Galactosidase, Amylase, Bromelain, Papain, Acid-Stable Protease, Maltase), Fructo-Oligosaccharides, Whole Food Pomegranate Juice Powder, **Organic** Raw Whole Food Freeze-Dried Acai Powder, Whole Food Mangosteen Hull Powder, **Organic** Whole Food Noni Fruit Powder.

† Percentage Daily Value not established

Other Ingredients: Vegetable capsule, Tocotrienol complex.

**Keep Out of Reach of Children.** Do not use if safety seal on cap or printed inner seal is missing or broken. Consult a physician if pregnant, lactating, currently on prescription medication or diagnosed with a medical condition. Store in a Cool, Dry Place.

**This product is FREE of:** Corn, Milk, Salt, Soy, Yeast, Added Sugar, Wheat, Artificial Flavors and Preservatives.