

PROMOTES A
POSITIVE MOOD*



St. John's Wort has been used for centuries to help promote a positive mood.* We source from the regions where it grows best, like Chile and Europe, where the soil is dry and the cooler climate makes for perfect growing conditions. At Nature's Way®, we believe nature knows best. That's why our mission is to seek out the best herbs the earth has to give. It's the way we deliver uncompromising quality and help you live healthier.

◆ LG08670.C02 BLK867C



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



※ PREMIUM EXTRACT ※

ST. JOHN'S WORT

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240 TABLETS | 450 MG per Serving

DIETARY SUPPLEMENT

Recommendation: Take 1 tablet twice daily.

Warning: This product should not be used by pregnant or nursing women, or by individuals who are taking antidepressant medications. Individuals taking other medications should seek the advice of a prescribing physician prior to using this product. Avoid excessive exposure to UV radiation (e.g., sunlight or tanning) while using the product.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV	
Total Carbohydrate	<1 g	<1%†
St. John's Wort (stem, leaf, flower) Extract standardized to 0.3% hypericins (1.35 mg)	450 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: cellulose, sodium croscarmellose, stearic acid, magnesium stearate, silica, hypromellose, glycerin, carnauba wax

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, dairy products, or artificial colors, flavors, or preservatives.

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Questions? 1-800-9NATURE /
naturesway.com



BOTTLES MADE
FROM 97%
POST-CONSUMER
RECYCLED PLASTIC

