

# The estrobalance® BR-DIM® Advantage

## Why not get diindolylmethane from eating cruciferous vegetables?

While eating cruciferous vegetables such as broccoli is recommended for good health, you'd have to eat at least two pounds of raw broccoli to obtain the DIM contained in just one daily dose of EstroBalance!

## 1 Daily Dose = DIM from 2 lbs. of BROCCOLI!

**Why take EstroBalance with absorbable BR-DIM?**® Diindolylmethane, in supplement form, can be difficult to absorb, unless it's made with a special bioavailable form of diindolylmethane such as the BioResponse-DIM® complex, as found in EstroBalance. BioResponse-DIM complex provides an enhanced bioavailability delivery system for DIM so it's easy for the body to absorb.

Indoplex® and BR-DIM® is a proprietary, enhanced bioavailability complex containing Diindolylmethane licensed from BioResponse, LLC., Boulder, CO.

# The Benefits of Diindolylmethane

## Supports Healthy Estrogen Metabolism\*

EstroBalance® contains Indoplex® diindolylmethane (BR-DIM®), a phytonutrient found in cruciferous vegetables such as Brussels sprout, broccoli and cabbage. BR-DIM® has been shown to influence estrogen metabolism to increase the ratio of 2-hydroxyestrogen (2-OHE) to 16-hydroxyestrogen (16-OHE).\* 2-OHE is often referred to as the "good" estrogen metabolite and 16-OHE as a "bad" estrogen metabolite.

## Promotes Women's Health\*

Increasing the ratio of 2-OHE to 16-OHE may have the following benefits:

- Reduces cyclical breast tenderness\*
- Promotes breast health\*
- Supports cardiovascular health\*
- Helps regulate healthy estrogen metabolism\*

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



# estrobalance®

with absorbable BR-DIM®

Supports healthy  
estrogen metabolism\*

DIETARY SUPPLEMENT

60 TABLETS

WOMEN'S HEALTH\*

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**Recommendation:** Women take 1 tablet daily with food. If extra support is required, take 2 tablets daily with food.

**Warning:** Do not use this product if you are pregnant, nursing, or attempting to become pregnant. A harmless but noticeable change in urine color may occur during usage of this product. If you are taking any medications, consult a healthcare professional before use.

## Supplement Facts

Serving Size 1 Tablet

| Amount per Serving                           |        | % DV |
|----------------------------------------------|--------|------|
| Calcium (as calcium carbonate)               | 340 mg | 26%  |
| Indoplex® Diindolylmethane (BR-DIM®) Complex | 120 mg | **   |

\*\*Daily Value (DV) not established.

Other ingredients: cellulose, modified food starch, hypromellose, sodium croscarmellose, silica, stearic acid, magnesium stearate, titanium dioxide color, tocophersolan, glycerin, phosphatidylcholine

**GLUTEN FREE.** No yeast-derived ingredients, wheat, or dairy.



©2020 Nature's Way Brands, LLC

Green Bay, WI 54311 USA

**Questions?** 1-800-9NATURE / naturesway.com

**Keep out of reach of children.** Safety sealed with printed inner seal. Do not use if seal is broken or missing.



BLK533D

LBX05336.D02