True Veda Ashwagandha

- ✓ Supports cardiovascular health *
- √ 100% of the agricultural ingredients are

*THESE STATEMENTS HAVE NOT BEEN **EVALUATED BY THE FOOD AND DRUG** ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule

Organic KSM-66® Ashwagandha Full-Spectrum Standarized Extract (Withania somnifera [root] standarized to 5% Withanolides [15 mg] and less than 0.1% Withaferin A) 300ma†

Daily Values not established

Ingredients: Organic Ashwagandha Extract, Non-GMO Vegetarian capsule made from Hypromellose.

Distributed by:

152 City Road London, ECIV 2NX, UK

www.TrueVeda.com info@trueveda.com

300ma⁺



Organic Ashwagandh...ed Organic by USDA New

help, we do just that. By running our business in the most

Our Promise

natural products, which means what it says...no artificial

For information, guides and discounts on our products...

www.TrueVeda.com

info@trueveda.com









ASHWAGANDHA



Organic Ashwagandha

Ashwagandha is an Avurvedic herb commonly used in traditional Indian medicines. Through 14 years of careful research and development with our partners we have perfected the way to extract the full spectrum of nutrients from the Ashwagandha root to give you the most potent and effective version of Ashwagandha on the market today.

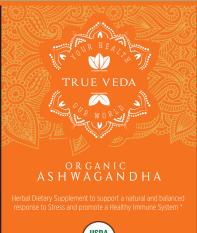
Benefits of True Veda Ashwagandha

- ✓ Relieves stress & promotes relaxation *
- ✓Boosts the immune system and healthy aging*
- ✓Enhances memory, concentration and mental clarity*
- √Supports cardiovascular health*
- ✓Promotes endurance and physical strength* √100% of the agricultural ingredients are organic
- ✓ Vegan, Vegetarian, Halal, Kosher, Gluten free ✓Does NOT contain any fillers, binders, rice flour, alcohol, synthetic
- solvents, silica, magnesium stearate or any other artificial ingredients or preservatives

What is Ayurveda?

Avurveda, meaning 'Knowledge of Life' is a 5000 year old holistic healing system from India that promotes longevity, balance and happiness. Avurveda helps sustain wellbeing by applying the inherent ethics of nature to bring the person back into equilibrium with their pure self. Avurveda places great emphasis on prevention of illness and by rebalancing through appropriate nutrition, exercise, relaxation and lifestyle choices, we can help you live a much fuller life.

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60 CAPSULES

Supplement Facts Serving Size 1 Capsule

Amount Per Capsule

Organic KSM-66® Ashwagandha Full-Spectrum Standarized Extract (Withania somnifera [root] standarized to 5% Withanolides [15 mg] and less than 0.1% Withaferin A)

Daily Values not established

Ingredients

Organic Ashwagandha Extract, Non-GMO Vegetarian capsule made from Hypromellose.

Distributed by:

Simply By Nature Ltd. Kemp House, 152 City Road London, FC1V 2NX Product of the United Kingdom Certified organic by Soil Association Certification



GB-ORG-05 Indian Agriculture

Free of egg, gluten, peanuts, shellfish and soy.

Suggested Use: As a food supplement, take one vegetable capsule one to two times per day, or as directed by your health care practitioner.

WARNING: Do not take if you are pregnant or nursing. Keep out of the reach of children. Store in a cool, dry place.

KSM-66° is a registered trademark of Ixoreal Biomed Private Limited.