

True Veda Ashwagandha

- ✓ Relieves stress & promotes relaxation *
- ✓ Boosts the immune system and healthy aging *
- ✓ Enhances memory, concentration and mental clarity *
- ✓ Supports cardiovascular health *
- ✓ Promotes endurance and physical strength *
- ✓ 100% of the agricultural ingredients are organic.
- ✓ Vegan, Vegetarian, Halal, Kosher, Gluten-free

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

ORGANIC
ASHWAGANDHA
DIETARY SUPPLEMENT
60 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule

Organic KSM-66® Ashwagandha Full-Spectrum Standardized Extract (Withania somnifera [root] standardized to 5% Withanolides [15 mg] and less than 0.1% Withaferin A) 300mg†

†Daily Values not established

Ingredients: Organic Ashwagandha Extract, Non-GMO Vegetarian capsule made from Hypromellose.

Distributed by:
Simply By Nature Ltd. Kemp House,
152 City Road London, EC1V 2NX, UK
Certified organic by Soil Association Certification
www.TrueVeda.com info@trueveda.com

ASH/US/6

Batch:
Expiry:

OUR WORLD
YOUR HEALTH



ASH/US/6



X000W3LA3H

Organic Ashwagandha...ed Organic by USDA
New



Organic Ashwagandha

Ashwagandha is an Ayurvedic herb commonly used in traditional Indian medicines. Through 14 years of careful research and development with our partners we have perfected the way to extract the full spectrum of nutrients from the Ashwagandha root to give you the most potent and effective version of Ashwagandha on the market today.

Benefits of True Veda Ashwagandha

- ✓ Relieves stress & promotes relaxation *
- ✓ Boosts the immune system and healthy aging *
- ✓ Enhances memory, concentration and mental clarity *
- ✓ Supports cardiovascular health *
- ✓ Promotes endurance and physical strength *
- ✓ 100% of the agricultural ingredients are organic
- ✓ Vegan, Vegetarian, Halal, Kosher, Gluten free
- ✓ Does NOT contain any fillers, binders, rice flour, alcohol, synthetic solvents, silica, magnesium stearate or any other artificial ingredients or preservatives

What is Ayurveda?

Ayurveda, meaning 'Knowledge of Life' is a 5000 year old holistic healing system from India that promotes longevity, balance and happiness. Ayurveda helps sustain wellbeing by applying the inherent ethics of nature to bring the person back into equilibrium with their pure self. Ayurveda places great emphasis on prevention of illness and by rebalancing through appropriate nutrition, exercise, relaxation and lifestyle choices, we can help you live a much fuller life.

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ORGANIC
ASHWAGANDHA

Herbal Dietary Supplement to support a natural and balanced response to Stress and promote a Healthy Immune System *



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GB-ORG-05
Indian Agriculture

Free of egg, gluten, peanuts, shellfish and soy.

Suggested Use: As a food supplement, take one vegetable capsule one to two times per day, or as directed by your health care practitioner.

WARNING: Do not take if you are pregnant or nursing. Keep out of the reach of children. Store in a cool, dry place.

KSM-66® is a registered trademark of Ixorel Biomed Private Limited.

Our Story

For us, it's not just about a business; it's about a healthy lifestyle. We are a small, independent family run business whose aim is to transform the world by bringing a healthy revolution. By being conscientious of the effects we have on the world and how we can help, we do just that. By running our business in the most eco-friendly way as possible and with a short, safe list of ayurvedic products, we are able to ensure that we are a benefit to everyone we come into contact with. And that will never change! Get in touch with us today and start living a healthy lifestyle.

Our Promise

Your satisfaction is our first priority. We promise to offer 100% natural products, which means what it says...no artificial ingredients or preservatives go near our products. Our products are clinically-proven, ensuring that everything we sell is of the very best quality. And as an added bonus, by supporting us you are supporting other worthy causes. We promise to donate a percentage of our profits to different charitable foundations. Let's make this world a better place to live and love!

For information, guides and discounts on our products...

www.TrueVeda.com

info@trueveda.com

