

YOU'VE GUT GREAT TASTE.



# FACTS, NOT FLUFF

Many probiotic products promote themselves with inflated claims of the "most researched" or "most recommended." Some even try to pass off spores as probiotics. Nonsense. All GoLive products contain a symbiotic blend of clinically-tested probiotics and essential prebiotics for optimal efficacy.

HERS

Live & Active  
**PROBIOTIC**  
**PREBIOTIC**  
SUPPLEMENT MIX  
DAILY FUNCTIONAL BLEND

**GoLive** *plus*

# DID YOU KNOW?

Your body contains approximately 100 trillion bacterial cells and only 10 to 50 trillion human cells. The beneficial bacterial cells play a critical role in maintaining healthy digestion, enhancing metabolism and supporting immunity\*.

A BETTER WAY TO BE WELL



**Other Ingredients:** Natural Flavors (with Dragon Fruit), Citric Acid, Monk Fruit Extract.

**Contains Milk.**

Formulated by Mass Probiotics, Inc.  
139A Charles St. Boston, MA 02114

\*Guaranteed CFU count through best by date under recommended storage conditions.  
Best if stored at 72° F (22° C) or below. Avoid excessive heat or moisture.

**NO ARTIFICIAL**  
Colors, Flavors,  
Sweeteners or  
Preservatives.



**GUT QUESTIONS?**  
WE'VE GOT ANSWERS

[GOLIVEBEWELL.COM](http://GOLIVEBEWELL.COM)  
[goliveprobiotics](https://www.facebook.com/goliveprobiotics) [f](https://www.instagram.com/goliveprobiotics) [t](https://www.tiktok.com/@goliveprobiotics)

Consult your health care professional before use if you are pregnant, nursing or have a medical condition.

\* Percent Daily Values are based on a 2,000 calorie diet. Daily Value not established.

**Suggested Use:** Consume 1 packet daily, with or without food.

# Supplement Facts

Servings Per Container 10 Serving Size 1 packet (8g)

|                                                                              | Amount Per Serving | % Daily Value |
|------------------------------------------------------------------------------|--------------------|---------------|
| Calories                                                                     | 15                 |               |
| Total Carbohydrate                                                           | 6g                 | 2%*           |
| Dietary Fiber                                                                | 3g                 | 11%*          |
| Soluble Fiber                                                                | 6g                 | †             |
| Vitamin D3 (as cholecalciferol)                                              | 20mcg              | 100%          |
| Vitamin B12 (as methylcobalamin)                                             | 8mcg               | 250%          |
| Biotin                                                                       | 100mcg             | 333%          |
| Calcium                                                                      | 28mg               | 2%            |
| Iron (as ferrous fumarate)                                                   | 8mg                | 44%           |
| Potassium (as potassium chloride)                                            | 40mg               | †             |
| PACran® Cranberry Fruit Extract                                              | 500mg              | †             |
| Boron (as boron amino acid-chelate)                                          | 1mg                | †             |
| Proprietary Prebiotic Blend:                                                 | 6g                 | †             |
| Lacti-Arabinogalactan, Gum Acacia, Galacto-oligosaccharides 55%, L-Glutamine |                    |               |
| HERS Probiotic Blend:                                                        | 25 Billion CFU*    | †             |
| Lactobacillus acidophilus La-14®                                             |                    |               |
| Lactobacillus fermentum SBS-1™                                               |                    |               |
| Lactobacillus paracasei Lpc-37®                                              |                    |               |
| Lactobacillus plantarum Lp-115®                                              |                    |               |
| Lactobacillus reuteri 161™                                                   |                    |               |
| Lactobacillus rhamnosus GG                                                   |                    |               |
| Lactobacillus salivarius La-33®                                              |                    |               |
| Bifidobacterium infantis Bi-26™                                              |                    |               |
| Bifidobacterium lactis Bi-07™                                                |                    |               |
| Bifidobacterium longum Bl-05™                                                |                    |               |

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

A BETTER WAY TO BE WELL



BIOTIN • BORON • IRON • VITAMINS  
CRANBERRY FRUIT EXTRACT • B12 & D3

BIOTIN • BORON • CRANBERRY FRUIT • IRON • VITAMINS  
EXTRACT • B12 & D3

**25 BILLION CULTURES**  
**10 TARGETED STRAINS**  
**ESSENTIAL PREBIOTICS**

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DRAGON FRUIT | **10** PACKETS

10 - 0.28 OZ (8g) PACKETS | NET WT 2.8 OZ (80g)

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YOU GO GIRL

GoLive Plus HERS Functional Blend includes a spectrum of targeted, clinically-tested probiotic strains, essential prebiotic fibers PLUS complementary, functional ingredients, including biotin, boron, cranberry extract, iron, vitamin B12, and vitamin D3.\* A packet a day may even keep the doctor away.

**BEST PROBIOTICS** GoLive Plus HERS includes ten clinically-tested, targeted strains (each addressing specific health needs and supporting digestive, immune and metabolic functions)\* in a delicious and refreshing blend. GoLive products do not contain spores (e.g. *Bacillus coagulans*), and they never will.

**ESSENTIAL PREBIOTICS** Prebiotics are carbohydrates that "nourish" probiotics. GoLive Plus HERS is blended with three prebiotic soluble fibers...a perfect "meal" for your probiotics.

**LIVE & ACTIVE** GoLive Plus HERS is formulated and packaged to ensure that your probiotics are live and active when you consume them, just as nature intended. Mix with your favorite food or drink and Bring Your Diet to Life!®

**1** MIX **2** ENJOY **3** REPEAT



Mix with your favorite unheated food or drink (water, juice, smoothie).

Enjoy any time of day, with or without food.

Repeat daily for optimal benefit.

WE'VE GUT YOU COVERED