

DIRECTIONS: Take one (1) capsule twice daily, preferably with a meal, or as directed by your healthcare provider.

CAUTION: Do not exceed recommended dose. St. John's Wort may contribute to photosensitivity resulting in skin irritation and redness in persons exposed to strong sunlight or tanning booths. Avoid use in patients at risk of bleeding, taking anticoagulants, or with clotting disorders, based on case reports of bleeding. Discontinue use 2-3 weeks prior to some surgical and dental procedures due to increased risk of bleeding. Use cautiously in patients with history of seizure, based on reports of seizure due to Ginkgo seed ingestion. Use cautiously in children. Avoid use in couples who are trying to conceive, based on theoretical reduction of fertility. Pregnant or nursing mothers, children under 18, individuals taking MAO Inhibiting Drugs, or with a known medical condition should consult a physician before using this or any dietary supplement.



- Keep out of the reach of children
- Store in a cool, dry place
- Do not use if seal is broken

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

COGNIDYNE DIETARY SUPPLEMENT

ADVANCED BLEND TO SUPPORT
FOCUS AND CLARITY†

Nutrients™ for Health
BY W.T. RAWLEIGH

60 CAPSULES

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

	Amount Per Serving	% Daily Value*
Ginkgo biloba Leaf (as 24% extract)	50 mg	*
Phosphatidylserine 4% Complex (consisting of Lecithin and Phosphatidylserine)	125 mg	*
N-Acetyl L-Carnitine HCl	50 mg	*
St. John's Wort (0.3% extract) (flower heads)	250 mg	*
L-Glutamine	150 mg	*
Bacopa monnieri Leaf Extract (20% bacosides)	120 mg	*
Vinpocetine (seeds)	2 mg	
Huperzine-A (aerial plant)	10 mcg	

* Daily Value not established.

Other Ingredients: Gelatin (bovine), microcrystalline cellulose, vegetable magnesium stearate, and silicon dioxide.

ALLERGEN WARNING: CONTAINS SOY (LECITHIN).

Made in the U.S.A.

Distributed by: Vitamins Direct (USA), Inc.
West Palm Beach, FL 33407 866-354-8384

www.wtrawleigh.com

Item#102148



150719/9102148 B